



# Cultural Aspects of Food

**NUTR 3620-001,003,004 (IR)**  
T, 4:35PM-7:05PM; W, 3:05-5:50PM; OR  
F, 9:40-12:40PM (register for one course)  
3 credits  
readings & discussions in English

## COURSE DESCRIPTION

This course will introduce students to an international frame of references so that they may think critically about food preferences from a long-standing approach or traditional approach, as well as, newly emerging issues. This course will focus on international issues including the causes and effects of famine, the exploitation and decline of world fisheries, global marketing of food products and climatic and economic parameters of food production world wide. These contemporary issues will be related to historical approaches in order to facilitate a more complete understanding of international food and nutrition phenomena. The course will include hands-on kitchen laboratories, including tasting different dishes, food preparation of cultural specialties and exploring the relationship between food, history, culture and traditions.

**Spanish CLAC Section**  
NUTR 3850-001  
Time TBD  
1 credit course

### **What is a CLAC Section?**

In this compact one-hour-a-week class, you will discuss in Spanish, short selections of essays/articles linked to the NUTR 3620 class.

### **Who can take the course?**

Anyone enrolled in NUTR 3620, whose Spanish speaking skills are at the intermediate level or higher, and who would like more opportunities to communicate in Spanish.

### **For more information, visit our website:**

[www.ias.utah.edu/language/clac-courses](http://www.ias.utah.edu/language/clac-courses)

**NUTR 3850-001 Aspectos culturales de la comida**  
**CLAC (Spanish): NUTR 3620-001 Cultural Aspects of Food**

**Fall 2017**

Schedule and location: TBA

**Core Course Information**

**Course Description**

This course is an optional one-credit section taught in Spanish open to students concurrently enrolled in *NUTR 3620-001 Cultural Aspects of Food*. It constitutes part of the national movement known as CLAC—Cultures and Languages across the Curriculum—that offers students the opportunity to study discipline-specific content, such as nutrition, in a target language. In this CLAC course, students will read and discuss texts and videos in Spanish.

To enroll in the Spanish CLAC section *NUTR 3850-001 Aspectos culturales de la comida*, students must be enrolled, or have already taken, the main English-language course *NUTR 3620-001 Cultural Aspects of Food*. Students should have intermediate proficiency in Spanish.

Students in the CLAC section will:

- read primary and secondary texts written in Spanish.
- draw on background knowledge acquired through readings, lectures, and discussions in *NUTR 3620-001 Cultural Aspects of Food*, the main English-language course.
- acquire other perspectives and insights on topics presented in the main course.
- share insights acquired in the CLAC section with students in the main course.

The CLAC course:

- Enhances students' knowledge in the discipline.
- Enhances students' ability to access materials in a second language.
- Seeks to improve students' language proficiency (integrated skills of reading, listening, speaking, and writing).
- Focuses on communication and content.
- Emphasizes developing meaningful content-focused language use outside traditional language classes.
- Helps students learn to interpret and utilize knowledge produced in other languages and cultures.

## **Learning Outcomes**

Students who complete this course will be able to:

- Read and discuss primary and secondary documents in Spanish about food cultures
- Understand documentaries and videos in Spanish about food cultures
- Use correctly the vocabulary and concepts in Spanish about food related issues
- Build critical thinking

## **Expectations for students in course:**

In class meetings, the instructor will lead and engage students in discussions based on students reading and listening materials. Due to the importance of in-class reading and speaking, and the fact that the class meets only once a week for 50 minutes, regular class attendance and active participation are crucial. This is reflected in weight given to student attendance and participation in grading. Class attendance is required and students are expected to arrive on time for class. Students are also expected to read all of the assigned materials. Attendance will be taken every day and you will only be excused from class for good reason. Your grade in this course will be determined by the quality of your participation in the course and your attendance, as well as your performance on two short assignments.

There will be two assignments for this class: based on a short reading, each student will briefly present about the topic covered and discuss about it with the other students.

## **Required/recommended course materials:**

Reading materials will be either posted on Canvas, provided in class, or available online. No textbook is required.