



Edit

NUIP 3620-002: Spring 2022

CULTURAL ASPECTS OF FOOD

INSTRUCTOR INFORMATION

Sydney Abbott, MS RD

Assistant Professor

sydney.abbott@utah.edu

[Department of Nutrition and Integrative Physiology \(https://health.utah.edu/nutrition-integrative-physiology/\)](https://health.utah.edu/nutrition-integrative-physiology/)

Office Location: HPER West Room 108-F (I am currently working remotely while office is under construction)



Virtual Office Hours: Wednesdays 12:00pm-1:00pm via Zoom

Link:

[_ \(https://utah-health.zoom.us/j/94214972683?pwd=NWorcGFNTU5ZRndpWi8wcGFxeEgrUT09\)](https://utah-health.zoom.us/j/94214972683?pwd=NWorcGFNTU5ZRndpWi8wcGFxeEgrUT09)
[https://utah-health.zoom.us/j/92852849008?](https://utah-health.zoom.us/j/92852849008?pwd=M3Bma1hBTGFsOWdvUFJZaGN0MTZ6QT09)
[pwd=M3Bma1hBTGFsOWdvUFJZaGN0MTZ6QT09 \(https://utah-health.zoom.us/j/92852849008?pwd=M3Bma1hBTGFsOWdvUFJZaGN0MTZ6QT09\)](https://utah-health.zoom.us/j/92852849008?pwd=M3Bma1hBTGFsOWdvUFJZaGN0MTZ6QT09)
[_ \(https://utah-health.zoom.us/j/94214972683?pwd=NWorcGFNTU5ZRndpWi8wcGFxeEgrUT09\)](https://utah-health.zoom.us/j/94214972683?pwd=NWorcGFNTU5ZRndpWi8wcGFxeEgrUT09)

Passcode: 7215

Additional information on how to access the Zoom office hours can be found [here](#).

TEACHING ASSISTANT CONTACT INFORMATION AND OFFICE HOURS

Email: kaci.cheavtharn@utah.edu

Kaci's office hours: Wednesdays, 12-1pm

<https://zoom.us/j/91338698010?pwd=NEdZcGtwUWNjcEd3S1lMOU15MWhSZz09>

Meeting ID: 913 3869 8010

Passcode: ie8YGR



CLASS TIME & CREDIT HOURS

Class Time: Wednesdays, 2:00-5:00pm

Location: HPER East Room 206

Credit Hours: 3.0

Final Exam: ***

COURSE DESCRIPTION

Every day, people throughout the world must procure, select, prepare and consume food to sustain life. The manner in which they do this reflects complex interrelationships and interactions among the individuals, their culture and the world in which they live. These activities related to food are called food ways. Food preferences, a part of food ways, are largely subject to cultural forces. Cultural causes may determine food combinations eaten and may result from environmental conditions, social determinants, personal factors and situational factors. A biocultural perspective will be used to integrate culture and nutritional considerations. This course will introduce students to an international frame of references so that they may think critically about food preferences from a long-standing approach or traditional approach, as well as, newly emerging issues. This course will focus on international issues including the causes and effects of famine, the exploitation and decline of world fisheries, global marketing of food products and climatic and economic parameters of food production world wide. These contemporary issues will be related to historical approaches in order to facilitate a more complete understanding of international food and nutrition phenomena. The course will include hands-on kitchen laboratories, including tasting different dishes, food preparation of cultural specialties and exploring the relationship between food, history, culture and traditions.

STUDENT LEARNING OUTCOMES

By the end of this course, you will be able to:

- Evaluate the complexities of and variations across segments of historical and contemporary cultural practices as they pertain to food and its relative meanings
- Demonstrate critical self-awareness and -reflexivity of intersections surrounding food, culture, and identity by utilizing some of the theoretical lenses attended to during the course

- Analyze diverse perspectives and characterizations of food and nutrition, how cultures negotiate these varied understandings, and plausible limitations or constraints on creating comprehensive nutrition directives
- Compare and contrast their subjective cultural food practices with those of a recent immigrant to the U.S. and present their assessments/conclusions
- Appraise current culinary skills and knowledge and expand them through practical application in Food Labs.

PREREQUISITES

None

REQUIRED MATERIALS

Textbook:

Food and Culture, P.G. Kittler, K.P. Sucher, and M. Nelms; Seventh Edition 2016. Cengage Learning. ISBN 978-1305628052 (Inclusive Access)

http://www.amazon.com/Everyone-Eats-Understanding-Culture-Second/dp/0814760066/ref=sr_1_1?s=books&ie=UTF8&qid=1432070707&sr=1-1&keywords=Everyone+eats

Critical Book Analysis Book-Chosen during the first week of class

Additional readings and multimedia resources will be available electronically through Canvas.

LEARNING ASSESSMENTS

1. Individual Food Culture Presentation:

- a. Presentation: Students will record a five-minute presentation on how food influences their personal identity and/or culture(s). In the presentation, discuss how you define your identity and/or the culture(s) to which you belong and how food fits into this identity and/or these cultures. The presentation is completed individually, and then shared with a select group of classmates.
- b. Discussion: Watch and respond to all of the presentations within your assigned group. The responses should be in discussion format. All responses need to be academic in nature.

2. Critical Book Analysis Paper:

- a. Read one of the literature books from a provided list. All of the books on the list cover some aspect of food and culture. Then, write a 3-4 page paper, double-spaced, summarizing the key



points of the book, offering your personal critique of the topic, and a discussion of the cultural aspect of the book personally found to be most significant.

3. Food and Culture Labs:

Complete 3 cooking labs at home related to course topics using provided recipes. For each lab, take a picture of yourself with the completed food. Upload the picture and lab worksheet to the appropriate assignment.

4. Final Presentation Project: The content of the presentation will examine a specific cultural food topic that we covered in class (religion, sustainability, medicine, gender, communication, etc.). The presentation is an opportunity to research a topic of interest in depth.

1. Proposal: Complete a topic proposal for your presentation using provided template. The proposal is designed to help students decide on a topic and plan for their presentation. Presentation topic must be approved by instructor prior to starting project to prevent duplicate presentations and ensure topic meets the assignment requirements.
2. Presentation: Students will prepare a narrated presentation on their chosen topic.
3. Discussion: Watch and respond to presentations.

5. In-Class Quizzes and Participation: Every week there will be small activities included in class to assess current learning, expand on a certain topic, and provide you with the opportunity to apply your knowledge. Module activities will typically include a reading quiz and a worksheet. These points will only be available to those present and cannot be made-up or substituted. You will need to have a phone or computer with internet access available in class to receive these points. (100 points)

6. Final Exam: The final exam will be a comprehensive exam.

POINT DISTRIBUTION

Assignment	Points Available
Individual Food Culture Presentation	
Presentation Video	75
Discussion	25
Critical Book Analysis	75
Food and Culture Labs (3)	90 (30 each)

Final Presentation



Proposal	15
Presentation	100
Discussion	30
Weekly Module Activities	100
Final Exam	75

585 points total

**Subject to change based on actual points available*

FREQUENTLY ASKED QUESTIONS

- **What's the best way to go about managing my time for this class?**

Successful students (those that get A's and B's) use their time wisely. The standard formula for college coursework is that for every 1 hour of credit a student will spend 3 to 6 hours (and sometimes more) of studying and completing homework. Thus, a 3 credit course will require an average of 9 to 18 hours of homework (reading, research, studying) per week. As a result, successful students plan their time so that they keep up with assignments by maintaining a pace that fits the course schedule. They also communicate with the instructor often so that they can receive feedback on their work.

- **How can I find out how I did on assignments?**

All assignments will be submitted via electronic uploads to Canvas. I encourage you all to review graded assignments by reviewing the rubric and to contact me with any questions.

- **I missed an assignment due date, now what?**

- All assignments are due by scheduled due date. Assignments turned in after 12:00pm (noon) on the day an assignment is due will receive a 10% deduction in earned points. Late assignments will be accepted for a maximum of half credit up to 7 days from original due date. Any assignments submitted more than 7 days after the due date will receive no credit.
- If you need to make up coursework due to illness, athletics, natural disaster, or other excused absence, please include all information from the template found here: **[Communications and Office](#)**



Hours

- If you experience technical difficulties with submitting assignments, contact U-online for technical assistance immediately at 801-585-5959 or email me at sydney.abbott@utah.edu.
- **What if I miss an exam?**

There will be no make-up exams without prearranged written permission from the instructor. If the incident resulting in a missed exam occurs on the due date - you will have 24 hours to contact me to make the necessary arrangements. Physician's verification is required for illnesses or other documentation (e.g., doctor's note, accident report, death certificate) for medical or emergency circumstances beyond your control. Late exams must be completed within one week of the *first* date the exam is offered. Contact your instructor via e-mail prior to the scheduled exam time or within 24 hours after the incident. Missed exams without permission or acceptable medical or emergency excuse will be assigned a grade of zero, per University policy.

If you know in advance that you need to take the exam at a different time than scheduled, your instructor will work with you to make arrangements. These *arrangements must be scheduled* at least 1 week before the exam for a time before the originally planned test date (i.e., if you have a university athletic event or debate meet).

- **Will there be extra credit available throughout the semester?** I do not offer any individual extra credit assignments. If extra credit were to be available, it will be available to the entire class and announced on Canvas.

GRADE SCHEME

The following grading standards will be used in this class:

Grade	Range
A	100 % to 92.5%
A-	< 92.5 % to 89.5%
B+	< 89.5 % to 87.5%
B	< 87.5 % to 82.5%
B-	< 82.5 % to 79.5%
C+	< 79.5 % to 77.5%
C	< 77.5 % to 72.5%
C-	< 72.5 % to 69.5%
D+	< 69.5 % to 67.5%
D	< 67.5 % to 62.5%
D-	< 62.5 % to 59.5%

**Grade Range**

F	< 59.5 % to 0.0%
---	------------------

COURSE RESPONSIBILITIES

Mandatory Reporter:

Duty to Notify: As a University representative, most faculty, staff, and teaching assistants (other than professional mental health counsellors) are required to report information learned about instances of sexual misconduct, discrimination, and/or immediate threats to safety to the University of Utah Office of Equal Opportunity and Affirmative Action and/or the Office of the Dean of Students.

If you do choose to disclose instances of sexual misconduct, discrimination, or violence to me, please be aware that I am a mandatory reporter and am required by University policies to notify the appropriate Office.

Canvas Requirements:

- **Electronic or equipment failure:** It is your responsibility to maintain your computer and related equipment in order to participate in the online nature of the course.
- **Document archiving:** You are responsible for making sure your assignments, including attachments, are received before the deadline. Students are also responsible for ensuring that the documents submitted are the correct document to be graded.
- **Naming conventions and software type:** You are responsible for submitting the assignment with the required naming convention, correct file extension (.doc, .docx, or .pdf), and using the software type and version required for the assignment. I will not accept assignments uploaded in Pages format.
- **Classroom equivalency:** Discussion threads, e-mails, and chat rooms are all considered to be equivalent to classrooms, and student behavior within those environments shall conform to the University of Utah Student Code. Specifically:
 - Posting photos or comments that would be off-topic in a classroom are still off-topic in an online posting.
 - Off-color language and photos are never appropriate.
 - Using angry or abusive language is called "flaming", is not acceptable, and will be dealt with according to the Student Code.
 - Course e-mails, e-journals, and other online course communications are part of the classroom and as such, are University property and subject to GRAMA regulations and the Student Code. Privacy regarding these communications between correspondents must not be assumed and should be mutually agreed upon in advance, in writing.



PLAGIARISM AND CHEATING

It is assumed that all work submitted to your instructor is your own work. When you have used ideas of others, you must properly indicate that you have done so. All written work submitted in this course will be reviewed for plagiarism.

Plagiarism and cheating are serious offenses and may be punished by failure on an individual assignment, and/or failure in the course. Academic misconduct, according to the University of Utah Student Code,

“...Includes, but is not limited to, cheating, misrepresenting one’s work, inappropriately collaborating, plagiarism, and fabrication or falsification of information...It also includes facilitating academic misconduct by intentionally helping or attempting to help another to commit an act of academic misconduct.”

For details on plagiarism and other important course conduct issues, see the U's [Code of Student Rights and Responsibilities \(http://regulations.utah.edu/academics/6-400.php\)](http://regulations.utah.edu/academics/6-400.php).

UNIVERSITY POLICIES

COVID-19 CAMPUS GUIDELINES

Important: Updated Spring 2022 Instructional Guidelines

University leadership has urged all faculty, students, and staff to **model the vaccination, testing, and masking behaviors** we want to see in our campus community. These include:

- Vaccination
- Masking indoors
- If unvaccinated, getting weekly asymptomatic coronavirus testing
- Quarantining after exposure

Vaccination

- **Get a COVID-19 vaccination and the booster shot recommended for pairing with your vaccine** if you have not already done so. Vaccination is proving highly effective in preventing severe COVID-19 symptoms, hospitalization, and death from coronavirus. Vaccination is the single best way to stop this COVID resurgence in its tracks.
- University of Utah students are required (as of August 27, 2021) to complete a cycle of COVID-19 vaccination and booster shot with an approved vaccine, or complete an exemption form. The



university provides three convenient vaccination options:

- Attend one of the regularly scheduled **vaccine events** (<https://www.cns-cares.org/covid19>) at the Student Union on campus.
- Schedule an appointment with **Student Health** (<https://utah.medicatconnect.com/login.aspx>).
- Visit **My Chart** (<http://mychart.med.utah.edu/>), **Vaccine Information** (<https://alert.utah.edu/covid/vaccine/>), or **CDC Vaccine.gov** (<http://vaccines.gov/>) to schedule your vaccination.

Masking

- While masks are not required outside of Health Sciences facilities, UTA buses, and campus shuttles, **CDC guidelines now call for everyone to wear face masks indoors.**
 - Check the **CDC website** (<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated-guidance.html>) periodically for masking updates
 - With high transmission rates in Salt Lake County, the CDC recommends: “Everyone should wear a mask in public indoor settings.”
 - Treat masks like seasonal clothing (i.e. during community surges in COVID transmission, masks are strongly encouraged indoors and in close groups outside).
 - In cases of classroom exposure, masks should be worn for the quarantine period (see details below).

Testing

- **If you are not yet vaccinated, get weekly asymptomatic coronavirus tests.** This is a helpful way to protect yourself and those around you because asymptomatic individuals can unknowingly spread the coronavirus to others.
 - Asymptomatic testing centers are open and convenient:
 - **Online scheduling** (<https://alert.utah.edu/covid/testing/>)
 - Saliva test (no nasal swabs)
 - Free to all students returning to campus (required for students in University housing)
 - Results often within 24 hours
 - Visit **Testing and Vaccine Information** (<https://alert.utah.edu/covid/>) Campus Alert
- Remember: **Students must self-report if they test positive for COVID-19** via the **Campus Covid Response** (<https://coronavirus.utah.edu/>) webpage.

Student Mental Health Resources

- Rates of burnout, anxiety, depression, isolation, and loneliness have noticeably increased during the pandemic. If you need help, reach out for campus mental health resources, including counseling, training, and other support.
- Consider participating in a **Mental Health First Aid** (<https://studentaffairs.utah.edu/mental-health-first-aid.php>) or other **wellness-themed training** (<https://wellness.utah.edu/workshops-training/>) provided by our Center for Student Wellness and sharing these opportunities with your peers, teaching assistants, and department colleagues.

Students are required to self-report if they test positive for COVID-19. To report, please contact:

COVID-19 Central @ The U

☎ 801-213-2874

🌐 [coronavirus.utah.edu \(https://coronavirus.utah.edu/\)](https://coronavirus.utah.edu/)



DROP/WITHDRAWAL POLICIES

Students may drop a course within the first two weeks of a given semester without any penalties.

Students may officially withdraw (W) from a class or all classes after the drop deadline through the midpoint of a course. A “W” grade is recorded on the transcript and appropriate tuition/fees are assessed. The grade “W” is not used in calculating the student’s GPA.

For deadlines to withdraw from full-term, first, and second session classes, see the U's [Academic Calendar \(https://registrar.utah.edu/academic-calendars/index.php\)](https://registrar.utah.edu/academic-calendars/index.php).

PLAGIARISM AND CHEATING

It is assumed that all work submitted to your instructor is your own work. When you have used the ideas of others, you must properly indicate that you have done so.

Plagiarism and cheating are serious offenses and may be punished by failure on an individual assignment, and/or failure in the course. Academic misconduct, according to the University of Utah Student Code,

“...Includes, but is not limited to, cheating, misrepresenting one’s work, inappropriately collaborating, plagiarism, and fabrication or falsification of information...It also includes facilitating academic misconduct by intentionally helping or attempting to help another to commit an act of academic misconduct.”

For details on plagiarism and other important course conduct issues, see the U's [Code of Student Rights and Responsibilities \(http://regulations.utah.edu/academics/6-400.php\)](http://regulations.utah.edu/academics/6-400.php).

COURSE MATERIALS COPYRIGHT

The Content is made available only for your personal, noncommercial educational, and scholarly use. You may not use the Content for any other purpose, or distribute, post or make the Content available to others unless you obtain any required permission from the copyright holder. Some Content may be provided via streaming or other means that restrict copying; you may not circumvent those restrictions. You may not alter or remove any copyright or other proprietary notices included in the Content.

Please see the [Code of Student Rights and Responsibilities](https://regulations.utah.edu/academics/6-400.php) (<https://regulations.utah.edu/academics/6-400.php>), Section III.A.5 regarding the [use and distribution of class Content](https://regulations.utah.edu/academics/6-400.php) (<https://regulations.utah.edu/academics/6-400.php>) and materials. Section III.A.5. prohibits the following:

Sale or distribution of information representing the work product of a faculty member to a commercial entity for financial gain without the express written permission of the faculty member responsible for the course. ("Work product" means original works of authorship that have been fixed in a tangible medium and any works based upon and derived from the original work of authorship.)

SAFETY AT THE U

The University of Utah values the safety of all campus community members. You will receive important emergency alerts and safety messages regarding campus safety via text message.

For more safety information and to view available training resources, including helpful videos, visit safeu.utah.edu (<http://safeu.utah.edu>).

To report suspicious activity or to request a courtesy escort, contact:

Campus Police & Department of Public Safety

☎ 801-585-COPS (801-585-2677)

🌐 dps.utah.edu (<https://dps.utah.edu/>)

📍 1735 E. S. Campus Dr.

Salt Lake City, UT 84112

WELLNESS AT THE U

Your personal health and wellness are essential to your success as a student. Personal concerns like stress, anxiety, relationship difficulties, depression, or cross-cultural differences can interfere with a student's ability to succeed and thrive in this course and at the University of Utah.

Please feel welcome to reach out to your instructor or TA to handle issues regarding your coursework.

For helpful resources to manage your personal wellness and counseling options, contact:

Center for Student Wellness

☎ 801-581-7776

🌐 wellness.utah.edu (<http://wellness.utah.edu/>)

📍 2100 Eccles Student Life Center

1836 Student Life Way

Salt Lake City, UT 84112



Women's Resource Center

☎ 801-581-8030

🌐 [womenscenter.utah.edu \(https://womenscenter.utah.edu/\)](https://womenscenter.utah.edu/)

📍 411 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112

ADDRESSING SEXUAL MISCONDUCT

Title IX makes it clear that violence and harassment based on sex and gender (which includes sexual orientation and gender identity/expression) is a civil rights offense subject to the same kinds of accountability and the same kinds of support applied to offenses against other protected categories such as race, national origin, color, religion, age, status as a person with a disability, veteran's status, or genetic information.

If you or someone you know has been harassed or assaulted, you are encouraged to report it to university officials:

Title IX Coordinator & Office of Equal Opportunity and Affirmative Action

☎ 801-581-8365

🌐 [oeo.utah.edu \(https://oeo.utah.edu/\)](https://oeo.utah.edu/)

📍 135 Park Building
201 Presidents' Cir.
Salt Lake City, UT 84112

Office of the Dean of Students

☎ 801-581-7066

🌐 [deanofstudents.utah.edu \(https://deanofstudents.utah.edu/\)](https://deanofstudents.utah.edu/)

📍 270 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112

To file a police report, contact:

Campus Police & Department of Public Safety

☎ 801-585-COPS (801-585-2677)

🌐 [dps.utah.edu \(https://dps.utah.edu/\)](https://dps.utah.edu/)

📍 1735 E. S. Campus Dr.
Salt Lake City, UT 84112

If you do not feel comfortable reporting to authorities, the U's Victim-Survivor Advocates provide **free**, **confidential**, and **trauma-informed** support services to **students, faculty, and staff** who have experienced interpersonal violence.

To **privately** explore options and resources available to you with an advocate, contact:



Center for Student Wellness

📞 801-581-7776

🌐 [wellness.utah.edu \(http://wellness.utah.edu/\)](http://wellness.utah.edu/)

📍 328 Student Services Building

201 S. 1460 E.

Salt Lake City, UT 84112

AMERICANS WITH DISABILITIES ACT (ADA)

The University of Utah seeks to provide equal access to its programs, services, and activities for people with disabilities.

All written information in this course can be made available in an alternative format with prior notification to the Center for Disability & Access (CDA). CDA will work with you and the instructor to make arrangements for accommodations. Prior notice is appreciated. To read the full accommodations policy for the University of Utah, please see Section Q of the [Instruction & Evaluation regulations \(http://regulations.utah.edu/academics/6-100.php\)](http://regulations.utah.edu/academics/6-100.php).

If you will need accommodations in this class, or for more information about what support they provide, contact:

Center for Disability & Access

📞 801-581-5020

🌐 [disability.utah.edu \(https://disability.utah.edu/\)](https://disability.utah.edu/)

📍 162 Union Building

200 S. Central Campus Dr.

Salt Lake City, UT 84112

DIVERSE STUDENT SUPPORT

Your success at the University of Utah is important to all of us here! If you feel like you need extra support in academics, overcoming personal difficulties, or finding community, the U is here for you.

Student Support Services (TRIO)

TRIO federal programs are targeted to serve and assist low-income individuals, first-generation college students, and individuals with disabilities.

Student Support Services (SSS) is a TRIO program for current or incoming undergraduate university students who are seeking their first bachelor's degree and need academic assistance and other services

to be successful at the University of Utah.



For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

Student Support Services (TRIO)

📞 801-581-7188

🌐 [trio.utah.edu \(https://trio.utah.edu/\)](https://trio.utah.edu/)

📍 Room 2075

1901 E. S. Campus Dr.

Salt Lake City, UT 84112

American Indian Students

The AIRC works to increase American Indian student visibility and success on campus by advocating for and providing student-centered programs and tools to enhance academic success, cultural events to promote personal well-being, and a supportive “home-away-from-home” space for students to grow and develop leadership skills.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

American Indian Resource Center

📞 801-581-7019

🌐 [diversity.utah.edu/centers/airc \(https://diversity.utah.edu/centers/airc/\)](https://diversity.utah.edu/centers/airc/)

📍 Fort Douglas Building 622

1925 De Trobriand St.

Salt Lake City, UT 84113

Black Students

Using a pan-African lens, the Black Cultural Center seeks to counteract persistent campus-wide and global anti-blackness. The Black Cultural Center works to holistically enrich, educate, and advocate for students, faculty, and staff through Black-centered programming, culturally affirming educational initiatives, and retention strategies.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

Black Cultural Center

📞 801-213-1441

🌐 [diversity.utah.edu/centers/bcc \(https://diversity.utah.edu/centers/bcc/\)](https://diversity.utah.edu/centers/bcc/)

📍 Fort Douglas Building 603

95 Fort Douglas Blvd.
Salt Lake City, UT 84113



Students with Children

Our mission is to support and coordinate information, program development, and services that enhance family resources as well as the availability, affordability, and quality of child care for University students, faculty, and staff.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

Center for Childcare & Family Resources

📞 801-585-5897

🌐 [childcare.utah.edu \(https://childcare.utah.edu/\)](https://childcare.utah.edu/)

📍 408 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112

Students With Disabilities

The Center for Disability Services is dedicated to serving students with disabilities by providing the opportunity for success and equal access at the University of Utah. They also strive to create an inclusive, safe, and respectful environment.

For more information about what support they provide and links to other resources, view their website or contact:

Center for Disability Services

📞 801-581-5020

🌐 [disability.utah.edu \(https://disability.utah.edu/\)](https://disability.utah.edu/)

📍 162 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112

Students of Ethnic Descent

The Center for Ethnic Student Affairs offers several programs dedicated to the success of students with varied cultural and ethnic backgrounds. Its mission is to create an inclusive, safe campus community that values the experiences of all students.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:



Center for Ethnic Student Affairs

☎ 801-581-8151

🌐 diversity.utah.edu/centers/cesa/ (<https://diversity.utah.edu/centers/cesa/>)

📍 235 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112

English as a Second/Additional Language (ESL) Students

If you are an English language learner, there are several resources on campus available to help you develop your English writing and language skills. Feel free to contact:

Writing Center

☎ 801-587-9122

🌐 writingcenter.utah.edu (<http://writingcenter.utah.edu/>)

📍 2701 Marriott Library
295 S 1500 E
Salt Lake City, UT 84112

English for Academic Success (EAS) Program

☎ 801-581-8047

🌐 linguistics.utah.edu (<https://linguistics.utah.edu/>)

📍 2300 LNCO
255 S. Central Campus Dr.
Salt Lake City, UT 84112

English Language Institute

☎ 801-581-4600


🌐 continue.utah.edu/eli (<http://continue.utah.edu/eli>)

📍 540 Arapeen Dr.
Salt Lake City, UT 84108


Undocumented Students

Immigration is a complex phenomenon with broad impact—those who are directly affected by it and those who are indirectly affected by their relationships with family members, friends, and loved ones. If your immigration status presents obstacles that prevent you from engaging in specific activities or fulfilling specific course criteria, confidential arrangements may be requested from the Dream Center.


Arrangements with the Dream Center will not jeopardize your student status, your financial aid, or any other part of your residence. The Dream Center offers a wide range of resources to support undocumented students (with and without DACA) as well as students from mixed-status families.

For more information about what support they provide and links to other resources, view their webs contact: 

Dream Center

 801-213-3697

 dream.utah.edu (<http://dream.utah.edu/>)

 1120 Annex (Wing B)

1901 E. S. Campus Dr.


Salt Lake City, UT 84112

LGBTQ+ Students

The LGBTQ+ Resource Center acts in accountability with the campus community by identifying the needs of people with a queer range of [a]gender and [a]sexual experiences and responding with university-wide services.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

LGBTQ+ Resource Center

 801-587-7973

 lgbt.utah.edu (<http://lgbt.utah.edu/>)

 409 Union Building

200 S. Central Campus Dr.


Salt Lake City, UT 84112

Veterans & Military Students

The mission of the Veterans Support Center is to improve and enhance the individual and academic success of veterans, service members, and their family members who attend the university; to help them receive the benefits they earned, and to serve as a liaison between the student veteran community and the university.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

Veterans Support Center

 801-587-7722

 ([http://lgbt.utah.edu/](http://lgbt.utah.edu)) veteranscenter.utah.edu (<http://veteranscenter.utah.edu/>)

 418 Union Building

200 S. Central Campus Dr.

Salt Lake City, UT 84112

Women

The Women's Resource Center (WRC) at the University of Utah serves as the central resource for educational and support services for women. Honoring the complexities of women's identities, the WRC facilitates choices and changes through programs, counseling, and training grounded in a commitment to advance social justice and equality.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

Women's Resource Center

📞 801-581-8030

🌐 [womenscenter.utah.edu \(https://womenscenter.utah.edu/\)](https://womenscenter.utah.edu/)

📍 411 Union Building

200 S. Central Campus Dr.

Salt Lake City, UT 84112

Inclusivity at the U

The Office for Inclusive Excellence is here to engage, support, and advance an environment fostering the values of respect, diversity, equity, inclusivity, and academic excellence for students in our increasingly global campus community. They also handle reports of bias in the classroom as outlined below:

Bias or hate incidents consist of speech, conduct, or some other form of expression or action that is motivated wholly or in part by prejudice or bias whose impact discriminates, demeans, embarrasses, assigns stereotypes, harasses, or excludes individuals because of their race, color, ethnicity, national origin, language, sex, size, gender identity or expression, sexual orientation, disability, age, or religion.

For more information about what support they provide and links to other resources, or to report a bias incident, view their website or contact:

Office for Inclusive Excellence

📞 801-581-4600

🌐 [inclusive-excellence.utah.edu \(https://inclusive-excellence.utah.edu/\)](https://inclusive-excellence.utah.edu/)

<http://continue.utah.edu/eli>

📍 170 Annex (Wing D)

1901 E. S. Campus Dr.


Salt Lake City, UT 84112

Other Student Groups at the U

To learn more about some of the other resource groups available at the U, check out:

🌐 [getinvolved.utah.edu/ \(https://getinvolved.utah.edu/\)](https://getinvolved.utah.edu/)



 studentsuccess.utah.edu/resources/student-support
(<https://studentsuccess.utah.edu/resources/student-support/>)

COURSE SCHEDULE

Note: This schedule is subject to revision based on the needs of our class; any updates will be made available to students through Canvas.