

# Course Syllabus

**NUIP 7540-01/FPMD 7540: Fall 2023**

## INSTRUCTOR INFORMATION

**Theresa Dvorak MS, RD, CSSD, ATC**

***t.dvorak@utah.edu***

***Department of Nutrition and Integrative Physiology***  ***(https://health.utah.edu/nutrition-integrative-physiology/)***

***Office location: HPR-N 214***

***Tricia Petzold***

***(mailto: Amy.Locke@hsc.utah.edu) tricia.petzold@hsc.utah.edu (mailto:tpetzold@me.com)***

***Department of Family and Preventative Medicine***

## TEACHING ASSISTANT INFORMATION

*Shawn Collins*

*Shawn.Collins@utah.edu*

## STUDENT LEARNING OUTCOMES

By the end of this course, you will be able to:

- Describe the components of a Mediterranean diet.
- Identify strengths and weaknesses in a patient's diet.
- Convey concise dietary advice to simulated patients through role playing.
- Prepare at least eight healthy meals.
- Understand the role diverse disciplines play on a healthcare team.

- Identify priorities for growth in the area of nutrition and basic culinary skills through self-assessment and reflection-based assignments.
- Demonstrate the ability to obtain a basic nutrition history and use basic motivational interviewing skills through role-playing.

## PREREQUISITES

Students must be enrolled as a graduate student at the University of Utah

## TEACHING AND LEARNING METHODS:

This course uses case studies to provide an opportunity for students to apply nutrition science principles to patient case scenarios. Basic culinary skills are taught through the preparation of plant based meals that meet Mediterranean Diet guidelines. Counseling simulations and online discussion boards provide opportunities to practice motivational interviewing skills. The course uses a flipped classroom format wherein students view

lectures and complete quizzes prior to class. The course is 15% didactic (online); 60% lab time; 15% case study discussion (online).

Mask Recommendation:

1. Wear a medical grade procedure mask in the Teaching Kitchen. These masks can be purchased from the supply room at University Hospital or other online vendors. This can be added to class syllabi.
2. In most non-clinical situations, an N-95 mask is not expected to be required. An alternative is a KN-95 mask, available at online vendors.

However, if you are unable to join on campus, please notify Theresa Dvorak ([t.dvorak@utah.edu](mailto:t.dvorak@utah.edu) (<mailto:t.dvorak@utah.edu>)).

## LEARNING ASSESSMENTS

**Pre-work:** Didactic online learning modules (voice-over Powerpoint, required reading, watch food demonstration videos, and any other listed required items) will need to be completed prior to weekly lab as preparation for in-class discussions and assignments.

There will be weekly quizzes posted on Canvas that will be due by Wednesdays at 11:59 pm, prior to lab.

**Hands-on lab:** Active participation in pre-scheduled labs will be required for weekly participation points.

If you are unable to attend Lab you need to contact Theresa Dvorak ([t.dvorak@utah.edu](mailto:t.dvorak@utah.edu) (<mailto:t.dvorak@utah.edu>)) at least 24 hours prior to the start of lab, in order for make-up assignments to be considered for the absence.

**Lab dates: Thursdays, 2:30-4:30 pm, HPER-N 227**

**Aug 24, 31 (Virtual), Sept 7, 14, 21, Oct 5, 19, 26**

**Class Discussion:** Student's mastery of knowledge, skills and approach will be assessed through small group discussion and participation in case study discussions via the Discussion Board on Canvas. These discussions will take place during the class as well as following the weekly class. Students will be required to make one initial post on each case, as well as at least 2 comment/follow-up posts to a peers' comment on a DIFFERENT day from their original post. These discussion posts will be due by Wednesday's at 11:59 pm, prior to the next lab session.

# FREQUENTLY ASKED QUESTIONS

- **What's the best way to go about managing my time for this class?**

Successful students (those that get A's and B's) use their time wisely. The standard formula for college coursework is that for every 1 hour of credit a student will spend 3 to 6 hours (and sometimes more) of studying and completing homework. Thus, a 4 credit course will require an average of 12 to 24 hours of homework (reading, research, studying) per week. As a result, successful students plan their time so that they keep up with assignments by maintaining a pace that fits the course schedule. They also communicate with the instructor often so that they can receive feedback on their work. Please note the class is cumulative in nature. A good understanding of the material in the first part of the semester is necessary in order to proceed successfully throughout the remainder of the semester.

- **What happens if I miss a quiz or a lab?**

Quizzes on Canvas may not be submitted late for credit at any point. Notify your instructor prior to the absence or after to discuss the circumstances and potential for making up the missed material.

## GRADE SCHEME

The following grading standards will be used in this class:

Pass (A) /Fail (E)

**Pass:** A grade of Pass will be awarded to students who complete pre-work and attend sessions, achieve a score of passing on assessment quizzes, and participate in small group and hands-on activities. Pre and post-course surveys are highly recommended as a part of participation.

**Fail:** Students who do not attend required sessions or complete required work risk failing this elective. Completion of less than seventy percent of course work will result failure of the course. For Medical students, his will be noted in the Medical Student Performance

Evaluation (MSPE) and the student will be forwarded to the Promotions Committee for further action.

## COURSE RESPONSIBILITIES

## UNIVERSITY POLICIES

### COVID-19 Information

 **[Dean of Student's Covid-19 Information](https://deanofstudents.utah.edu/covid/index.php)**   
(<https://deanofstudents.utah.edu/covid/index.php>)

### COVID-19 Central @ The U

 801-213-2874


 **[coronavirus.utah.edu](https://coronavirus.utah.edu/)** (<https://coronavirus.utah.edu/>)



## Drop/Withdrawal Policies

Students may drop a course within the first two weeks of a given semester without any penalties.


Students may officially withdraw (W) from a class or all classes after the drop deadline through the midpoint of a course. A “W” grade is recorded on the transcript and appropriate tuition/fees are assessed. The grade “W” is not used in calculating the student’s GPA.

For deadlines to withdraw from full-term, first, and second session classes, see the U's **[Academic Calendar](https://registrar.utah.edu/academic-calendars/index.php)**  [\\_ \(https://registrar.utah.edu/academic-calendars/index.php\)](https://registrar.utah.edu/academic-calendars/index.php).

## Academic Honesty, Plagiarism and Cheating


It is assumed that all work submitted to your instructor is your own work. When you have used the ideas of others, you must properly indicate that you have done so.

It is expected that students adhere to University of Utah policies regarding academic honesty, including but not limited to refraining from cheating, plagiarizing, misrepresenting one’s work, and/or inappropriately collaborating. This includes the use of generative artificial intelligence (AI) tools without citation, documentation, or

authorization. Students are expected to adhere to the prescribed professional and ethical standards of the profession/discipline for which they are preparing. Any student who engages in academic dishonesty or who violates the professional and ethical standards for their profession/discipline may be subject to academic sanctions as per the University of Utah's Student Code: <https://regulations.utah.edu/academics/6-410.php>  (<https://regulations.utah.edu/academics/6-410.php>)



Plagiarism and cheating are serious offenses and may be punished by failure on an individual assignment, and/or failure in the course. Academic misconduct, according to the University of Utah Student Code,

*“...Includes, but is not limited to, cheating, misrepresenting one’s work, inappropriately collaborating, plagiarism, and fabrication or falsification of information...It also includes facilitating academic misconduct by intentionally helping or attempting to help another to commit an act of academic misconduct.”*

For details on plagiarism and other important course conduct issues, see the U's [Code of Student Rights and Responsibilities](http://regulations.utah.edu/academics/6-400.php)  (<http://regulations.utah.edu/academics/6-400.php>).

Course Materials Copyright

**The Content is made available only for your personal, noncommercial educational, and scholarly use.** You may not use the Content for any other purpose, or distribute, post or make the Content available to others unless you obtain any required permission from the copyright holder. Some Content may be provided via streaming or other means that restrict copying; you may not circumvent those restrictions. You may not alter or remove any copyright or other proprietary notices included in the Content.

Please see the **[Code of Student Rights and Responsibilities](https://regulations.utah.edu/academics/6-400.php)**  (**<https://regulations.utah.edu/academics/6-400.php>**), Section III.A.5 regarding the **[use and distribution of class Content](https://regulations.utah.edu/academics/6-400.php)**  (**<https://regulations.utah.edu/academics/6-400.php>**) and materials. Section III.A.5. prohibits the following:  
Sale or distribution of information representing the work product of a faculty member to a commercial entity for financial gain without the express written permission of the faculty member responsible for the course. (“Work product” means original works of authorship that have been fixed in a tangible medium and any works based upon and derived from the original work of authorship.)

## Safety at the U



The University of Utah values the safety of all campus community members. You will receive important emergency alerts and safety messages regarding campus safety via text message.


For more safety information and to view available training resources, including helpful videos, visit [safeu.utah.edu \(http://safeu.utah.edu/\)](http://safeu.utah.edu/).

To report suspicious activity or to request a courtesy escort, contact:

### **Campus Police & Department of Public Safety**

 801-585-COPS (801-585-2677)

 [dps.utah.edu](https://dps.utah.edu/)  (<https://dps.utah.edu/>)

 1735 E. S. Campus Dr.  
Salt Lake City, UT 84112

## Wellness at the U

Your personal health and wellness are essential to your success as a student. Personal concerns like stress, anxiety, relationship difficulties, depression, or cross-cultural differences can interfere with a student's ability to succeed and thrive in this course and at the University of Utah.


Please feel welcome to reach out to your instructor or TA to handle issues regarding your coursework.

For helpful resources to manage your personal wellness and counseling options, contact:

## Center for Student Wellness

 801-581-7776


 [wellness.utah.edu \(http://wellness.utah.edu/\)](http://wellness.utah.edu/)

 2100 Eccles Student Life Center  
1836 Student Life Way  
Salt Lake City, UT 84112

## Women's Resource Center

 801-581-8030

 [womenscenter.utah.edu](https://womenscenter.utah.edu/)  [\(https://womenscenter.utah.edu/\)](https://womenscenter.utah.edu/)

 411 Union Building  
200 S. Central Campus Dr.  
Salt Lake City, UT 84112

## Addressing Sexual Misconduct


Title IX makes it clear that violence and harassment based on sex and gender (which includes sexual orientation and gender identity/expression) is a civil rights offense subject to the same kinds of accountability and the same kinds of support applied to offenses against other protected categories such as race, national origin, color, religion, age, status as a person with a disability, veteran's status, or genetic information.

If you or someone you know has been harassed or assaulted, you are encouraged to report it to university officials:

### **Title IX Coordinator & Office of Equal Opportunity and Affirmative Action**

 801-581-8365


 [oeo.utah.edu](https://oeo.utah.edu/)  [\(https://oeo.utah.edu/\)](https://oeo.utah.edu/)

 135 Park Building  
201 Presidents' Cir.  
Salt Lake City, UT 84112

### **Office of the Dean of Students**

 801-581-7066


 [deanofstudents.utah.edu](https://deanofstudents.utah.edu/)  [\(https://deanofstudents.utah.edu/\)](https://deanofstudents.utah.edu/)


 270 Union Building  
200 S. Central Campus Dr.  
Salt Lake City, UT 84112

To file a police report, contact:

### **Campus Police & Department of Public Safety**

 801-585-COPS (801-585-2677)

 [dps.utah.edu](https://dps.utah.edu/)  [\(https://dps.utah.edu/\)](https://dps.utah.edu/)

 1735 E. S. Campus Dr.  
Salt Lake City, UT 84112


If you do not feel comfortable reporting to authorities, the U's Victim-Survivor Advocates provide **free, confidential, and trauma-informed** support services to **students, faculty, and staff** who have experienced interpersonal violence.

To **privately** explore options and resources available to you with an advocate, contact:

### Center for Student Wellness

 801-581-7776

 [wellness.utah.edu \(http://wellness.utah.edu/\)](http://wellness.utah.edu/)

 328 Student Services Building  
201 S. 1460 E.  
Salt Lake City, UT 84112

## Americans With Disabilities Act (ADA)

The University of Utah seeks to provide equal access to its programs, services, and activities for people with disabilities.

All written information in this course can be made available in an alternative format with prior notification to the Center for Disability & Access (CDA). CDA will work with you and the instructor to make arrangements for accommodations. Prior notice is appreciated. To read the full accommodations policy for the University of Utah, please see Section Q of


the **[Instruction & Evaluation regulations](http://regulations.utah.edu/academics/6-100.php)**  **[\\_\(http://regulations.utah.edu/academics/6-100.php\)\\_](http://regulations.utah.edu/academics/6-100.php)**.

If you will need accommodations in this class, or for more information about what support they provide, contact:

### **Center for Disability & Access**

 801-581-5020

 **[disability.utah.edu](https://disability.utah.edu/)**  **[\\_\(https://disability.utah.edu/\)\\_](https://disability.utah.edu/)**

 162 Union Building  
200 S. Central Campus Dr.  
Salt Lake City, UT 84112

## **Diverse Student Support**

Your success at the University of Utah is important to all of us here! If you feel like you need extra support in academics, overcoming personal difficulties, or finding community, the U is here for you.

### **Student Support Services (TRIO)**

TRIO federal programs are targeted to serve and assist low-income individuals, first-generation college students, and individuals with disabilities.



Student Support Services (SSS) is a TRIO program for current or incoming undergraduate university students who are seeking their first bachelor's degree and need academic assistance and other services to be successful at the University of Utah.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

### **Student Support Services (TRIO)**

 801-581-7188

 [trio.utah.edu](https://trio.utah.edu/)  (<https://trio.utah.edu/>)

 Room 2075

1901 E. S. Campus Dr.

Salt Lake City, UT 84112

## **American Indian Students**


The AIRC works to increase American Indian student visibility and success on campus by advocating for and providing student-centered programs and tools to enhance academic success, cultural events to promote personal well-being, and a supportive “home-away-from-home” space for students to grow and develop leadership skills.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

## American Indian Resource Center

 801-581-7019

 [diversity.utah.edu/centers/airc](https://diversity.utah.edu/centers/airc)  [\(https://diversity.utah.edu/centers/airc/\)](https://diversity.utah.edu/centers/airc/)

 Fort Douglas Building 622  
1925 De Trobriand St.  
Salt Lake City, UT 84113

## Black Students


Using a pan-African lens, the Black Cultural Center seeks to counteract persistent campus-wide and global anti-blackness. The Black Cultural Center works to holistically enrich, educate, and advocate for students, faculty, and staff through Black-centered programming, culturally affirming educational initiatives, and retention strategies.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

### Black Cultural Center

 801-213-1441

 [diversity.utah.edu/centers/bcc](https://diversity.utah.edu/centers/bcc)  [\(https://diversity.utah.edu/centers/bcc/\)](https://diversity.utah.edu/centers/bcc/)

 Fort Douglas Building 603  
95 Fort Douglas Blvd.  
Salt Lake City, UT 84113

## Students with Children


Our mission is to support and coordinate information, program development, and services that enhance family resources as well as the availability, affordability, and quality of child care for University students, faculty, and staff.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

### Center for Childcare & Family Resources

 801-585-5897

 [childcare.utah.edu](https://childcare.utah.edu)  [\(https://childcare.utah.edu/\)](https://childcare.utah.edu/)

 408 Union Building  
200 S. Central Campus Dr.  
Salt Lake City, UT 84112

## Students With Disabilities


The Center for Disability and Access is dedicated to serving students with disabilities by providing the opportunity for success and equal access at the University of Utah. They also strive to create an inclusive, safe, and respectful environment.

For more information about what support they provide and links to other resources, view their website or contact:

## Center for Disability and Access

 801-581-5020

 [disability.utah.edu](https://disability.utah.edu/)  [\(https://disability.utah.edu/\)](https://disability.utah.edu/)

 162 Union Building  
200 S. Central Campus Dr.  
Salt Lake City, UT 84112

## Students of Ethnic Descent


The Center for Ethnic Student Affairs offers several programs dedicated to the success of students with varied cultural and ethnic backgrounds. Its mission is to create an inclusive, safe campus community that values the experiences of all students.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

### Center for Ethnic Student Affairs

 801-581-8151

 [diversity.utah.edu/centers/cesa/](https://diversity.utah.edu/centers/cesa/)  [\(https://diversity.utah.edu/centers/cesa/\)](https://diversity.utah.edu/centers/cesa/)

 235 Union Building  
200 S. Central Campus Dr.  
Salt Lake City, UT 84112

## English as a Second/Additional Language (ESL) Students

If you are an English language learner, there are several resources on campus available to help you develop your English writing and language skills. Feel free to contact:

### Writing Center

📞 801-587-9122

🌐 [writingcenter.utah.edu](http://writingcenter.utah.edu) [\(http://writingcenter.utah.edu/\)](http://writingcenter.utah.edu/)

📍 2701 Marriott Library  
295 S 1500 E  
Salt Lake City, UT 84112

### English for Academic Success (EAS) Program

📞 801-581-8047

🌐 [linguistics.utah.edu](https://linguistics.utah.edu) [\(https://linguistics.utah.edu/\)](https://linguistics.utah.edu/)

📍 2300 LNCO  
255 S. Central Campus Dr.  
Salt Lake City, UT 84112

### English Language Institute

📞 801-581-4600

🌐 [continue.utah.edu/eli](http://continue.utah.edu/eli) [\(http://continue.utah.edu/eli\)](http://continue.utah.edu/eli)

📍 540 Arapeen Dr.  
Salt Lake City, UT 84108

## Undocumented Students

Immigration is a complex phenomenon with broad impact—those who are directly affected by it and those who are indirectly affected by their relationships with family members, friends, and loved ones. If your immigration status presents obstacles that prevent you from engaging in specific activities or fulfilling specific course criteria, confidential arrangements may be requested from the Dream Center.

**Arrangements with the Dream Center will not jeopardize your student status, your financial aid, or any other part of your residence.** The Dream Center offers a wide range of resources to support undocumented students (with and without DACA) as well as students from mixed-status families.

For more information about what support they provide and links to other resources, view their website or contact:

### **Dream Center**

 801-213-3697

 [dream.utah.edu](http://dream.utah.edu) (<http://dream.utah.edu/>)

 200 S. CENTRAL CAMPUS DRIVE

UNION, ROOM 80

SALT LAKE CITY, UT 84112

## **LGBTQ+ Students**


The LGBTQ+ Resource Center acts in accountability with the campus community by identifying the needs of people with a queer range of [a]gender and [a]sexual experiences and responding with university-wide services.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

### **LGBTQ+ Resource Center**

 801-587-7973

 [lgbt.utah.edu \(http://lgbt.utah.edu/\)](http://lgbt.utah.edu/)

 409 Union Building  
200 S. Central Campus Dr.  
Salt Lake City, UT 84112

### **Veterans & Military Students**

The mission of the Veterans Support Center is to improve and enhance the individual and academic success of veterans, service members, and their family members who attend the university; to help them receive the benefits they earned, and to serve as a liaison between the student veteran community and the university.


For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

## Veterans Support Center

 801-587-7722

 [\\_ \(http://lgbt.utah.edu/\) veteranscenter.utah.edu](http://lgbt.utah.edu/veteranscenter.utah.edu) 

[\(http://veteranscenter.utah.edu/\)](http://veteranscenter.utah.edu/)

 418 Union Building  
200 S. Central Campus Dr.  
Salt Lake City, UT 84112

## Women

The Women's Resource Center (WRC) at the University of Utah serves as the central resource for educational and support services for women. Honoring the complexities of women's identities, the WRC facilitates choices and changes through programs, counseling, and training grounded in a commitment to advance social justice and equality.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

## Women's Resource Center

 801-581-8030

 [womenscenter.utah.edu](https://womenscenter.utah.edu/)  [\(https://womenscenter.utah.edu/\)](https://womenscenter.utah.edu/)

 411 Union Building



200 S. Central Campus Dr.  
Salt Lake City, UT 84112

## Inclusivity at the U

The Office for Inclusive Excellence is here to engage, support, and advance an environment fostering the values of respect, diversity, equity, inclusivity, and academic excellence for students in our increasingly global campus community. They also handle reports of bias in the classroom as outlined below:


*Bias or hate incidents consist of speech, conduct, or some other form of expression or action that is motivated wholly or in part by prejudice or bias whose impact discriminates, demeans, embarrasses, assigns stereotypes, harasses, or excludes individuals because of their race, color, ethnicity, national origin, language, sex, size, gender identity or expression, sexual orientation, disability, age, or religion.*

For more information about what support they provide and links to other resources, or to report a bias incident, view their website or contact:

### Office for Inclusive Excellence

 801-581-4600

 [inclusive-excellence.utah.edu](https://inclusive-excellence.utah.edu)  [\(https://inclusive-excellence.utah.edu/\)](https://inclusive-excellence.utah.edu/)  
[\(<http://continue.utah.edu/eli>\)](http://continue.utah.edu/eli)

 200 S. CENTRAL CAMPUS DRIVE  
UNION, ROOM 70  
SALT LAKE CITY, UT 84112


## Other Student Groups at the U





To learn more about some of the other resource groups available at the U, check out:





 [getinvolved.utah.edu/](https://getinvolved.utah.edu/) (<https://getinvolved.utah.edu/>)





 <https://ssc.utah.edu/tools-for-success.php>  (<https://ssc.utah.edu/tools-for-success.php>)





## Course Summary:





Date	Details	Due
Thu Jan 19, 2023	 <a href="#">NUIP 7540-001 Fall 2021</a> <a href="#">Culinary Medicine</a>	2:30pm to 5:30pm






Date	Details	Due
Tue Jan 24, 2023	<p data-bbox="747 175 1713 272"><a href="https://utah.instructure.com/calendar?event_id=3533020&amp;include_contexts=course_890884">(<a href="https://utah.instructure.com/calendar?event_id=3533020&amp;include_contexts=course_890884">https://utah.instructure.com/calendar?event_id=3533020&amp;include_contexts=course_890884</a>)</a></p> <p data-bbox="747 375 1713 581"> <a href="https://utah.instructure.com/calendar?event_id=3533029&amp;include_contexts=course_890884">NUIP 7540-001 Spring 2022 Culinary Medicine</a> (<a href="https://utah.instructure.com/calendar?event_id=3533029&amp;include_contexts=course_890884">https://utah.instructure.com/calendar?event_id=3533029&amp;include_contexts=course_890884</a>)</p>	5pm to 7pm
Thu Jan 26, 2023	<p data-bbox="747 686 1713 898"> <a href="https://utah.instructure.com/calendar?event_id=3533033&amp;include_contexts=course_890884">NUIP 7540-001 Fall 2021 Culinary Medicine</a> (<a href="https://utah.instructure.com/calendar?event_id=3533033&amp;include_contexts=course_890884">https://utah.instructure.com/calendar?event_id=3533033&amp;include_contexts=course_890884</a>)</p>	2:30pm to 5:30pm
Tue Jan 31, 2023	<p data-bbox="747 995 1713 1206"> <a href="https://utah.instructure.com/calendar?event_id=3533032&amp;include_contexts=course_890884">NUIP 7540-001 Fall 2020 Culinary Medicine</a> (<a href="https://utah.instructure.com/calendar?event_id=3533032&amp;include_contexts=course_890884">https://utah.instructure.com/calendar?event_id=3533032&amp;include_contexts=course_890884</a>)</p> <p data-bbox="747 1317 1713 1411"> <a href="https://utah.instructure.com/calendar?event_id=3533020&amp;include_contexts=course_890884">NUIP 7540-001 Spring 2022 Culinary Medicine</a></p>	2:30pm to 5pm 5pm to 7pm

Date	Details	Due
	<a href="https://utah.instructure.com/calendar?event_id=3533030&amp;include_contexts=course_890884">(<u>https://utah.instructure.com/calendar?event_id=3533030&amp;include_contexts=course_890884</u>)</a>	
Thu Feb 2, 2023	 <a href="https://utah.instructure.com/calendar?event_id=3533021&amp;include_contexts=course_890884"><u>NUIP 7540-001 Fall 2021 Culinary Medicine</u></a> <a href="https://utah.instructure.com/calendar?event_id=3533021&amp;include_contexts=course_890884">(<u>https://utah.instructure.com/calendar?event_id=3533021&amp;include_contexts=course_890884</u>)</a>	2:30pm to 5:30pm
Tue Feb 7, 2023	 <a href="https://utah.instructure.com/calendar?event_id=3533022&amp;include_contexts=course_890884"><u>NUIP 7540-001 Fall 2020 Culinary Medicine</u></a> <a href="https://utah.instructure.com/calendar?event_id=3533022&amp;include_contexts=course_890884">(<u>https://utah.instructure.com/calendar?event_id=3533022&amp;include_contexts=course_890884</u>)</a>	2:30pm to 4:30pm
Tue Feb 7, 2023	 <a href="https://utah.instructure.com/calendar?event_id=3533035&amp;include_contexts=course_890884"><u>NUIP 7540-001 Spring 2022 Culinary Medicine</u></a> <a href="https://utah.instructure.com/calendar?event_id=3533035&amp;include_contexts=course_890884">(<u>https://utah.instructure.com/calendar?event_id=3533035&amp;include_contexts=course_890884</u>)</a>	5pm to 7:30pm
Thu Feb 9, 2023	 <a href="#"><u>NUIP 7540-001 Fall 2020 Culinary Medicine</u></a>	2pm to 5:15pm







Date	Details	Due
	<p data-bbox="747 175 1713 269"><a href="https://utah.instructure.com/calendar?event_id=3533026&amp;include_contexts=course_890884">(<a href="https://utah.instructure.com/calendar?event_id=3533026&amp;include_contexts=course_890884">https://utah.instructure.com/calendar?event_id=3533026&amp;include_contexts=course_890884</a>)</a></p>	
	<p data-bbox="747 375 1304 472"> <a href="https://utah.instructure.com/calendar?event_id=3533042&amp;include_contexts=course_890884">NUIP 7540-001 Fall 2020 Culinary Medicine</a></p>	2:30pm to 5:30pm
	<p data-bbox="747 488 1713 583"><a href="https://utah.instructure.com/calendar?event_id=3533042&amp;include_contexts=course_890884">(<a href="https://utah.instructure.com/calendar?event_id=3533042&amp;include_contexts=course_890884">https://utah.instructure.com/calendar?event_id=3533042&amp;include_contexts=course_890884</a>)</a></p>	
	<p data-bbox="747 688 1304 837"> <a href="https://utah.instructure.com/calendar?event_id=3533041&amp;include_contexts=course_890884">NUIP 7540-001 Fall 2021 Culinary Medicine- Week/Module 5</a></p>	2:30pm to 5:30pm
	<p data-bbox="747 854 1713 948"><a href="https://utah.instructure.com/calendar?event_id=3533041&amp;include_contexts=course_890884">(<a href="https://utah.instructure.com/calendar?event_id=3533041&amp;include_contexts=course_890884">https://utah.instructure.com/calendar?event_id=3533041&amp;include_contexts=course_890884</a>)</a></p>	
	<p data-bbox="747 1053 1304 1154"> <a href="https://utah.instructure.com/calendar?event_id=3533040&amp;include_contexts=course_890884">NUIP 7540-001 Fall 2021 Culinary Medicine</a></p>	8pm to 11pm
	<p data-bbox="747 1170 1713 1265"><a href="https://utah.instructure.com/calendar?event_id=3533040&amp;include_contexts=course_890884">(<a href="https://utah.instructure.com/calendar?event_id=3533040&amp;include_contexts=course_890884">https://utah.instructure.com/calendar?event_id=3533040&amp;include_contexts=course_890884</a>)</a></p>	
Tue Feb 14, 2023	<p data-bbox="747 1370 1304 1464"> <a href="https://utah.instructure.com/calendar?event_id=3533040&amp;include_contexts=course_890884">NUIP 7540-001 Fall 2021 Culinary Medicine-Owl test</a></p>	11am to 12pm








Date	Details	Due
	<a href="https://utah.instructure.com/calendar?event_id=3533028&amp;include_contexts=course_890884">(<u>https://utah.instructure.com/calendar?event_id=3533028&amp;include_contexts=course_890884</u>)</a>	
	 <a href="https://utah.instructure.com/calendar?event_id=3533036&amp;include_contexts=course_890884"><b><u>NUIP 7540-001 Spring 2022 Culinary Medicine</u></b></a> <a href="https://utah.instructure.com/calendar?event_id=3533036&amp;include_contexts=course_890884">(<u>https://utah.instructure.com/calendar?event_id=3533036&amp;include_contexts=course_890884</u>)</a>	5pm to 7pm
	 <a href="https://utah.instructure.com/calendar?event_id=3533023&amp;include_contexts=course_890884"><b><u>NUIP 7540-001 Fall 2020 Culinary Medicine</u></b></a> <a href="https://utah.instructure.com/calendar?event_id=3533023&amp;include_contexts=course_890884">(<u>https://utah.instructure.com/calendar?event_id=3533023&amp;include_contexts=course_890884</u>)</a>	2:30pm to 5:30pm
Thu Feb 16, 2023	 <a href="https://utah.instructure.com/calendar?event_id=3533034&amp;include_contexts=course_890884"><b><u>NUIP 7540-001 Fall 2021 Culinary Medicine- Week/Module 6</u></b></a> <a href="https://utah.instructure.com/calendar?event_id=3533034&amp;include_contexts=course_890884">(<u>https://utah.instructure.com/calendar?event_id=3533034&amp;include_contexts=course_890884</u>)</a>	2:30pm to 5:30pm
Thu Feb 23, 2023	 <a href="https://utah.instructure.com/calendar?event_id=3533023&amp;include_contexts=course_890884"><b><u>NUIP 7540-001 Fall 2020 Culinary Medicine</u></b></a>	2:30pm to 4:30pm


Date	Details	Due
Tue Feb 28, 2023	<p data-bbox="747 175 1713 272"><a href="https://utah.instructure.com/calendar?event_id=3533025&amp;include_contexts=course_890884">(<a href="https://utah.instructure.com/calendar?event_id=3533025&amp;include_contexts=course_890884">https://utah.instructure.com/calendar?event_id=3533025&amp;include_contexts=course_890884</a>)</a></p> <p data-bbox="747 375 1335 472"> <a href="#">NUIP 7540-001 Spring 2022 Culinary Medicine Week</a></p> <p data-bbox="747 488 1713 634"><b><u>6</u></b> <a href="https://utah.instructure.com/calendar?event_id=3533039&amp;include_contexts=course_890884">(<a href="https://utah.instructure.com/calendar?event_id=3533039&amp;include_contexts=course_890884">https://utah.instructure.com/calendar?event_id=3533039&amp;include_contexts=course_890884</a>)</a></p>	5pm to 7:30pm
Thu Mar 2, 2023	<p data-bbox="747 743 1304 841"> <a href="#">NUIP 7540-001 Fall 2020 Culinary Medicine</a></p> <p data-bbox="747 857 1713 951"><a href="https://utah.instructure.com/calendar?event_id=3533027&amp;include_contexts=course_890884">(<a href="https://utah.instructure.com/calendar?event_id=3533027&amp;include_contexts=course_890884">https://utah.instructure.com/calendar?event_id=3533027&amp;include_contexts=course_890884</a>)</a></p>	2:30pm to 3:30pm
Tue Mar 7, 2023	<p data-bbox="747 1057 1262 1154"> <a href="#">NUIP 7540-001 Spring 2022 Culinary Medicine</a></p> <p data-bbox="747 1170 1713 1265"><a href="https://utah.instructure.com/calendar?event_id=3533037&amp;include_contexts=course_890884">(<a href="https://utah.instructure.com/calendar?event_id=3533037&amp;include_contexts=course_890884">https://utah.instructure.com/calendar?event_id=3533037&amp;include_contexts=course_890884</a>)</a></p>	5pm to 7pm
Thu Mar 9, 2023	<p data-bbox="747 1373 1304 1516"> <a href="#">NUIP 7540-001 Fall 2021 Culinary Medicine Week/Module 7</a></p>	2:30pm to 5:30pm






Date	Details	Due
Tue Mar 14, 2023	<p data-bbox="747 175 1713 272"><a href="https://utah.instructure.com/calendar?event_id=3533031&amp;include_contexts=course_890884">(<a href="https://utah.instructure.com/calendar?event_id=3533031&amp;include_contexts=course_890884">https://utah.instructure.com/calendar?event_id=3533031&amp;include_contexts=course_890884</a>)</a></p> <p data-bbox="747 375 1713 581"> <a href="https://utah.instructure.com/calendar?event_id=3533038&amp;include_contexts=course_890884">NUIP 7540-001 Spring 2022 Culinary Medicine</a> (<a href="https://utah.instructure.com/calendar?event_id=3533038&amp;include_contexts=course_890884">https://utah.instructure.com/calendar?event_id=3533038&amp;include_contexts=course_890884</a>)</p>	5pm to 7pm
Thu Mar 16, 2023	<p data-bbox="747 686 1713 894"> <a href="https://utah.instructure.com/calendar?event_id=3533024&amp;include_contexts=course_890884">NUIP 7540-001 Fall 2021 Culinary Medicine- week 8</a> (<a href="https://utah.instructure.com/calendar?event_id=3533024&amp;include_contexts=course_890884">https://utah.instructure.com/calendar?event_id=3533024&amp;include_contexts=course_890884</a>)</p>	2:30pm to 5:30pm
Wed Aug 23, 2023	<p data-bbox="747 1000 2003 1097"> <a href="https://utah.instructure.com/courses/890884/assignments/12604648">Introductory Video</a> (<a href="https://utah.instructure.com/courses/890884/assignments/12604648">https://utah.instructure.com/courses/890884/assignments/12604648</a>)</p>	due by 11:59pm
	<p data-bbox="747 1206 2003 1304"> <a href="https://utah.instructure.com/courses/890884/assignments/12604629">Pre-Course Survey</a> (<a href="https://utah.instructure.com/courses/890884/assignments/12604629">https://utah.instructure.com/courses/890884/assignments/12604629</a>)</p>	due by 11:59pm
	<p data-bbox="747 1409 953 1451"> <a href="#">Quiz 2</a></p>	due by 11:59pm















Date	Details	Due
	<a href="https://utah.instructure.com/courses/890884/assignments/12604630">(<a href="https://utah.instructure.com/courses/890884/assignments/12604630">https://utah.instructure.com/courses/890884/assignments/12604630</a>)</a>	
	 <a href="https://utah.instructure.com/courses/890884/assignments/12604659">NUIP 7540 Quiz 1</a>	due by 11:59pm
	<a href="https://utah.instructure.com/courses/890884/assignments/12604659">(<a href="https://utah.instructure.com/courses/890884/assignments/12604659">https://utah.instructure.com/courses/890884/assignments/12604659</a>)</a>	
	 <a href="https://utah.instructure.com/courses/890884/assignments/12604638">Quiz 3</a>	due by 11:59pm
	<a href="https://utah.instructure.com/courses/890884/assignments/12604638">(<a href="https://utah.instructure.com/courses/890884/assignments/12604638">https://utah.instructure.com/courses/890884/assignments/12604638</a>)</a>	
Wed Aug 30, 2023	 <a href="https://utah.instructure.com/courses/890884/assignments/12604647">Class #1 Discussion</a>	due by 11:59pm
	<a href="https://utah.instructure.com/courses/890884/assignments/12604647">(<a href="https://utah.instructure.com/courses/890884/assignments/12604647">https://utah.instructure.com/courses/890884/assignments/12604647</a>)</a>	
	 <a href="https://utah.instructure.com/courses/890884/assignments/12604660">NUIP 7540 Quiz 2</a>	due by 11:59pm
	<a href="https://utah.instructure.com/courses/890884/assignments/12604660">(<a href="https://utah.instructure.com/courses/890884/assignments/12604660">https://utah.instructure.com/courses/890884/assignments/12604660</a>)</a>	
Wed Sep 6, 2023	 <a href="https://utah.instructure.com/courses/890884/assignments/12604631">Quiz 4</a>	due by 11:59pm
	<a href="https://utah.instructure.com/courses/890884/assignments/12604631">(<a href="https://utah.instructure.com/courses/890884/assignments/12604631">https://utah.instructure.com/courses/890884/assignments/12604631</a>)</a>	
	 <a href="https://utah.instructure.com/courses/890884/assignments/12604641">Class #2 Discussion</a>	due by 11:59pm
	<a href="https://utah.instructure.com/courses/890884/assignments/12604641">(<a href="https://utah.instructure.com/courses/890884/assignments/12604641">https://utah.instructure.com/courses/890884/assignments/12604641</a>)</a>	

Date	Details	Due
	 <b><u>NUIP 7540 Quiz 3</u></b> ( <a href="https://utah.instructure.com/courses/890884/assignments/12604661">https://utah.instructure.com/courses/890884/assignments/12604661</a> )	due by 11:59pm
	 <b><u>Quiz 5</u></b> ( <a href="https://utah.instructure.com/courses/890884/assignments/12604636">https://utah.instructure.com/courses/890884/assignments/12604636</a> )	due by 11:59pm
Wed Sep 13, 2023	 <b><u>Class #3 Discussion</u></b> ( <a href="https://utah.instructure.com/courses/890884/assignments/12604640">https://utah.instructure.com/courses/890884/assignments/12604640</a> )	due by 11:59pm
	 <b><u>NUIP 7540 Quiz 4</u></b> ( <a href="https://utah.instructure.com/courses/890884/assignments/12604662">https://utah.instructure.com/courses/890884/assignments/12604662</a> )	due by 11:59pm
Wed Sep 20, 2023	 <b><u>Quiz 6</u></b> ( <a href="https://utah.instructure.com/courses/890884/assignments/12604637">https://utah.instructure.com/courses/890884/assignments/12604637</a> )	due by 11:59pm
	 <b><u>Class #4 Discussion</u></b> ( <a href="https://utah.instructure.com/courses/890884/assignments/12604642">https://utah.instructure.com/courses/890884/assignments/12604642</a> )	due by 11:59pm
	 <b><u>NUIP 7540 Quiz 5</u></b>	due by 11:59pm

Date	Details	Due
	<a href="https://utah.instructure.com/courses/890884/assignments/12604663">(<a href="https://utah.instructure.com/courses/890884/assignments/12604663">https://utah.instructure.com/courses/890884/assignments/12604663</a>)</a>	
Sun Sep 24, 2023	 <a href="https://utah.instructure.com/courses/890884/assignments/12604639"><b><u>Week 6 Asynchronous Assignment</u></b></a> <a href="https://utah.instructure.com/courses/890884/assignments/12604639">(<a href="https://utah.instructure.com/courses/890884/assignments/12604639">https://utah.instructure.com/courses/890884/assignments/12604639</a>)</a>	due by 11:59pm
Wed Sep 27, 2023	 <a href="https://utah.instructure.com/courses/890884/assignments/12604633"><b><u>Quiz 7</u></b></a> <a href="https://utah.instructure.com/courses/890884/assignments/12604633">(<a href="https://utah.instructure.com/courses/890884/assignments/12604633">https://utah.instructure.com/courses/890884/assignments/12604633</a>)</a>	due by 11:59pm
	 <a href="https://utah.instructure.com/courses/890884/assignments/12604643"><b><u>Class #5 Discussion</u></b></a> <a href="https://utah.instructure.com/courses/890884/assignments/12604643">(<a href="https://utah.instructure.com/courses/890884/assignments/12604643">https://utah.instructure.com/courses/890884/assignments/12604643</a>)</a>	due by 11:59pm
Wed Oct 4, 2023	 <a href="https://utah.instructure.com/courses/890884/assignments/12604634"><b><u>Quiz 8</u></b></a> <a href="https://utah.instructure.com/courses/890884/assignments/12604634">(<a href="https://utah.instructure.com/courses/890884/assignments/12604634">https://utah.instructure.com/courses/890884/assignments/12604634</a>)</a>	due by 11:59pm
	 <a href="https://utah.instructure.com/courses/890884/assignments/12604664"><b><u>NUIP 7540 Quiz 6</u></b></a> <a href="https://utah.instructure.com/courses/890884/assignments/12604664">(<a href="https://utah.instructure.com/courses/890884/assignments/12604664">https://utah.instructure.com/courses/890884/assignments/12604664</a>)</a>	due by 11:59pm
Wed Oct 11, 2023	 <a href="https://utah.instructure.com/courses/890884/assignments/12604644"><b><u>Class #6 Discussion</u></b></a> <a href="https://utah.instructure.com/courses/890884/assignments/12604644">(<a href="https://utah.instructure.com/courses/890884/assignments/12604644">https://utah.instructure.com/courses/890884/assignments/12604644</a>)</a>	due by 11:59pm

Date	Details	Due
Thu Oct 12, 2023	 <b><u>NUIP 7540-001 Fall 2022</u></b> <b><u>Culinary Medicine class 7</u></b> <b><u>SAM</u></b> <b><u>(<a href="https://utah.instructure.com/calendar?event_id=3533043&amp;include_contexts=course_890884">https://utah.instructure.com/calendar?event_id=3533043&amp;include_contexts=course_890884</a>)</u></b>	2:30pm to 4:30pm
Wed Oct 18, 2023	 <b><u>NUIP 7540 Quiz 7</u></b> <b><u>(<a href="https://utah.instructure.com/courses/890884/assignments/12604665">https://utah.instructure.com/courses/890884/assignments/12604665</a>)</u></b>	due by 11:59pm
Thu Oct 19, 2023	 <b><u>NUIP 7540-001 Fall 2022</u></b> <b><u>Culinary Medicine- Class</u></b> <b><u>participation SAM</u></b> <b><u>(<a href="https://utah.instructure.com/calendar?event_id=3533044&amp;include_contexts=course_890884">https://utah.instructure.com/calendar?event_id=3533044&amp;include_contexts=course_890884</a>)</u></b>	2:30pm to 4:30pm
Fri Oct 20, 2023	 <b><u>End of Class Survey</u></b> <b><u>(<a href="https://utah.instructure.com/courses/890884/assignments/12604632">https://utah.instructure.com/courses/890884/assignments/12604632</a>)</u></b>	due by 11:59pm
Wed Oct 25, 2023	 <b><u>Class #7 Discussion</u></b> <b><u>(<a href="https://utah.instructure.com/courses/890884/assignments/12604645">https://utah.instructure.com/courses/890884/assignments/12604645</a>)</u></b>	due by 11:59pm

Date	Details	Due
Wed Nov 1, 2023	 <b><u>NUIP 7540 Quiz 8</u></b> ( <a href="https://utah.instructure.com/courses/890884/assignments/12604666">https://utah.instructure.com/courses/890884/assignments/12604666</a> )	due by 11:59pm
	 <b><u>Class #8 Discussion</u></b> ( <a href="https://utah.instructure.com/courses/890884/assignments/12604646">https://utah.instructure.com/courses/890884/assignments/12604646</a> )	due by 11:59pm
	 <b><u>Attendance Class 1</u></b> ( <a href="https://utah.instructure.com/courses/890884/assignments/12604649">https://utah.instructure.com/courses/890884/assignments/12604649</a> )	
	 <b><u>Attendance Class 2</u></b> ( <a href="https://utah.instructure.com/courses/890884/assignments/12604650">https://utah.instructure.com/courses/890884/assignments/12604650</a> )	
	 <b><u>Attendance Class 3</u></b> ( <a href="https://utah.instructure.com/courses/890884/assignments/12604651">https://utah.instructure.com/courses/890884/assignments/12604651</a> )	
	 <b><u>Attendance Class 4</u></b> ( <a href="https://utah.instructure.com/courses/890884/assignments/12604652">https://utah.instructure.com/courses/890884/assignments/12604652</a> )	
	 <b><u>Attendance Class 5</u></b>	

Date	Details	Due
	<a href="https://utah.instructure.com/courses/890884/assignments/12604653">(<a href="https://utah.instructure.com/courses/890884/assignments/12604653">https://utah.instructure.com/courses/890884/assignments/12604653</a>)</a>	
	 <b><u>Attendance Class 6</u></b> <a href="https://utah.instructure.com/courses/890884/assignments/12604654">(<a href="https://utah.instructure.com/courses/890884/assignments/12604654">https://utah.instructure.com/courses/890884/assignments/12604654</a>)</a>	
	 <b><u>Attendance Class 7</u></b> <a href="https://utah.instructure.com/courses/890884/assignments/12604655">(<a href="https://utah.instructure.com/courses/890884/assignments/12604655">https://utah.instructure.com/courses/890884/assignments/12604655</a>)</a>	
	 <b><u>Attendance Class 8</u></b> <a href="https://utah.instructure.com/courses/890884/assignments/12604656">(<a href="https://utah.instructure.com/courses/890884/assignments/12604656">https://utah.instructure.com/courses/890884/assignments/12604656</a>)</a>	
	 <b><u>NUIP 7540 End of Class Survey</u></b> <a href="https://utah.instructure.com/courses/890884/assignments/12604657">(<a href="https://utah.instructure.com/courses/890884/assignments/12604657">https://utah.instructure.com/courses/890884/assignments/12604657</a>)</a>	
	 <b><u>NUIP 7540 Pre course Survey</u></b> <a href="https://utah.instructure.com/courses/890884/assignments/12604658">(<a href="https://utah.instructure.com/courses/890884/assignments/12604658">https://utah.instructure.com/courses/890884/assignments/12604658</a>)</a>	

Date	Details	Due
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**Quiz 1**

<https://utah.instructure.com/courses/890884/assignments/12604635>  
(NUIP 7540-001 Fall 2023)

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**Quiz 1**

<https://utah.instructure.com/courses/890884/assignments/12604635>

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