

NUIP
6540-
001

CLINICAL ASSESSMENT & RESEARCH METHODS LABORATORY

FALL 2023


INSTRUCTOR INFORMATION




 **Kristine Jordan, PhD, MPH, RD**

 Instructor

 kristine.jordan@hsc.utah.edu (mailto:%20kristine.jordan@hsc.utah.edu)

 801-585-3218

 HPR-North #213

 Office Hours: Monday (2PM-3PM) in HPR North #213 or via Zoom or by appointment

TEACHING ASSISTANT INFORMATION

Lab manager: Danielle Wrubel

Email: danielle.wrubel@utah.edu or Canvas message

Office Hours: By appointment

STUDENT LEARNING OUTCOMES

Course Description:

Techniques used to assess nutritional status are discussed and practiced including analysis and interpretation of food intake, body composition, energy expenditure, biochemical indices, and physical anthropometric measurements. Clinical and research applications are emphasized. Biochemical laboratory methods to assess nutritional status are performed.

Course Format:

This course will employ a variety of teaching and learning techniques including lectures, case studies, student presentations, team-based learning, activities, online training, and projects. The Canvas calendar contains most of the information you will need for the class. Canvas Announcements are used to disseminate information for the class.

Team-based learning (TBL) will be incorporated into the course through three modules. This active form of learning will replace traditional lectures to increase student engagement and collaboration. Students will be expected to provide constructive feedback to peers and effectively communicate on a team. TBL emphasizes the application of course material to enhance learning.

The material covered includes knowledge competencies required by the Accreditation Council on Education for Nutrition and Dietetics:

Student Learning Outcomes:

Upon completion of this course, students will be able to:

KRDN 1.1 Demonstrate how to locate, interpret, evaluate and use professional literature to make ethical, evidence-based practice decisions.

KRDN 1.2 Select and use appropriate current information technologies to locate and apply evidence-based guidelines and protocols.

KRDN 1.3 Apply critical thinking skills.

KRDN 2.1 Demonstrate effective and professional oral and written communication and documentation.

KRDN 2.6 Demonstrate cultural humility, awareness of personal biases and an understanding of cultural differences as they contribute to diversity, equity and inclusion.

KRDN 3.4 Practice routine health screening assessments, including measuring blood pressure and conducting waived point-of-care laboratory testing (such as blood glucose or cholesterol).

CRDN 1.2 Evaluate research and apply evidence-based guidelines, systematic reviews and scientific literature in nutrition and dietetics practice.

CRDN 1.5 Incorporate critical-thinking skills in overall practice.

CRDN 2.2 Demonstrate professional writing skills in preparing professional communications.

CRDN 2.3 Demonstrate active participation, teamwork and contributions in group settings.

CRDN 2.4 Function as a member of interprofessional teams.

CRDN 3.2 Conduct nutrition focused physical exams.

CRDN 3.3 Perform routine health screening assessments including measuring blood pressure, conducting waived point-of-care laboratory testing (such as blood glucose or cholesterol), recommending

and/or initiating nutrition-related pharmacotherapy plans (such as modifications to bowel regimens, carbohydrate to insulin ratio, B12 or iron supplementation).

CRDN 3.4 Provide instruction to clients/patients for self-monitoring blood glucose considering diabetes medication and medical nutrition therapy plan.

CRDN 3.6 Conduct a swallow screen and refer to the appropriate health care professional for full swallow evaluation when needed.

CRDN 3.8 Design, implement and evaluate presentations to a target audience.

CRDN 4.4 Apply current information technologies to develop, manage and disseminate nutrition information and data.

The material covered includes learning activities required by the Accreditation Council on Education for Nutrition and Dietetics:

Learning Activities:

Case study on gastrointestinal disease (Dietary assessment and the microbiome (TBL) with case study class)

Case study on head and neck cancer (RD panel with EHRGo case study class)

Growth chart practice in infants and children (Pediatric nutrition assessment class)

Case study on eating disorders in an adolescent (RD panel with EHRGo case study class)


Case studies on malnutrition (COVID-19 and nutrition support (RD panel with EHRGo case study class) and Nutrition focused physical exam and case studies class))


PREREQUISITES

Department of Nutrition and Integrative Physiology Master's Program Student or by instructor consent

REQUIRED MATERIAL

- Raymond & Morrow. Krause and Mahan's Food & the Nutrition Care Process, 15th edition, Elsevier Publishing, 2020
- Nelms & Roberts. Medical Nutrition Therapy - A Case Study Approach, 6th Edition, Cengage, 2021
- Kane & Prelack. Advanced Medical Nutrition Therapy, 1st Edition, 2018
- Academy of Nutrition and Dietetics Student Membership You are required to become a member of the Academy of Nutrition and Dietetics (\$58.00).

<https://www.eatrightpro.org/membership/membership-types-and-criteria/student-member> 
(<https://www.eatrightpro.org/membership/membership-types-and-criteria/student-member>)

- Academy of Nutrition and Dietetics Evidence Analysis Library, free with academy membership. Access via <http://www.andeal.org/>  (<http://www.andeal.org/>).
- Mordarski. Nutrition Focused Physical Exam Pocket Guide, 3rd Edition, Academy of Nutrition and Dietetics, 2021.

- *Note: The department preordered student copies of the Nutrition Focused Physical Exam Pocket Guide so please do not order this pocket guide.*
- *Note: All students in this class are automatically enrolled in the Inclusive Access program for the following e-textbooks listed above: 1) Krause and Mahan's Food & the Nutrition Care Process; 2) Medical Nutrition Therapy - A Case Study Approach; and 3) Advanced Medical Nutrition Therapy. These books can automatically be accessed by clicking on the Bookshelf tab. Many of you likely already have one or more of these three textbooks from a previous class. **If this is the case, you must "opt out" of each textbook on the VitalSource web page (which you reach by clicking on the Bookshelf tab) by 9/01/2023.** Further information on textbook options (electronic or hard copy) and the opt out process will be discussed during the first week of class, as well as in a Canvas message.*
- *Additional required and supplemental readings and media sources (videos, etc.) will be used throughout the course to extend your learning. These resources are posted in Canvas.*

LEARNING ASSESSMENTS

Graded Assignments:

Ambulatory Care Diabetes IPE Reflection: 30 points

Biochemical assessment assignment: 25 points

Case Presentation: 30 points

Case Study Questions: Final Report: 40 points

Dietary Analysis Lab Report: 25 points

EHRGo Case Studies: 30 points (3 case studies x 10 points each)

Class Engagement Activities: 65 points

- (including Class engagement (preparation and participation), Academy of Nutrition and Dietetics Student Membership, Complete Blood Count practice activity, IRB online training

certificate, Microbiome case study, Nutrition for children with special healthcare needs certificate, Nutrition focused physical exam and case studies)

TBL Modules: 75 points (3 modules x 25 points each)

TBL Peer Evaluation: 10 points

Quizzes: 120 points (Academic integrity quiz (5 points) and (12 quizzes x 10 points each))

Total: 450 points

Ungraded Surveys: Activity: Getting to Know You and Case Presentation Peer Feedback (In class survey)

Assignments and Expectations:

Assignment descriptions, chapters, articles, handouts, recommended readings, and other resources are posted on the course website (Canvas) whenever possible. You are responsible for all information posted through the website. Announcements and emails alert you to any changes in the course schedule, syllabus, deadlines, or class meetings. All written assignments are to be submitted via Canvas, with grades not given to papers handed in outside of this format.

1. Ambulatory Care Diabetes IPE Reflection: Students complete the reflection and upload the assignment after participating in the Ambulatory Care Diabetes IPE session.

2. Biochemical Assessment Assignment. Students complete a series of six case studies using the background knowledge obtained from the Medical Nutrition Therapy class and the Biochemical Assessment Module. Each case study presents one (or more) biochemical panels and asks a variety of questions regarding nutrition assessment and intervention.

3. Case Presentation from Medical Nutrition Therapy - A Case Study Approach. Each student team presents one case from the case study text, as an opportunity to apply the course material. The assignment consists of a presentation delivered to the class and a nutrition education handout. Students may choose to arrange to meet with the instructor a minimum of one week prior to the presentation date to discuss the case. Case presentations are approximately 30 minutes in length (including a presentation of the nutrition education handout). Students submit the presentation and nutrition education handout for grading.

4. Case Study Questions: Final Report. Each student team submits complete answers to an entire case study from Medical Nutrition Therapy - A Case Study Approach in writing, as an opportunity to apply the course material for the final assignment. Students teams upload the written case study answers to Canvas.

5. Dietary Analysis Lab. Students obtain a 24-hour recall from a lab partner and enter the results into two different food processing software programs, MyFitnessPal and Food Processor. Also, students write

a 3-page, double spaced paper answering dietary analysis questions in a report for the uploaded assignment.

6. EHRGo Case Studies. Students complete an ADIME note on an assigned patient on the EHRGo platform prior to class. During class, a Registered Dietitian from the community will review the patient with students, following the ADIME process. Each student will be expected to speak (or ask a question) at least one time in the panel.

7. Class Engagement Activities. There are various assignments in this category, with points awarded based on class engagement (preparation and participation) and complete/incomplete work (remaining assignments in this category). Examples (but not limited to) include:

- Class engagement: Prepare for class and participate during class, with points awarded according to the class engagement rubric. Class activities are designed so that students can summarize and make connections with the material.
- Academy of Nutrition and Dietetics Student Membership: Submit documentation of current membership to access the Evidence Analysis Library and other member benefits.
- Complete Blood Count practice activity: Participate in small groups to complete an in-class activity.
- IRB online training certificate: Complete the Collaborative Institutional Training Initiative (CITI Program) training and upload the certificate
- Microbiome case study; Participate in small groups to complete an in-class activity.
- Nutrition for children with special healthcare needs certificate: Complete the training and upload the certificate.
- Nutrition focused physical exam and case studies: Participate in practice NFPE demonstrations and complete case studies during lab

8. Team-Based Learning Activities. There are three team-based learning sessions over the course of the semester. Students will be required to complete pre-work and then do an in-class readiness assurance test, group readiness assurance test and participate in a team-based case study activity.

9. Quizzes. Quizzes are used to assess understanding of the class material. There is a quiz administered at the beginning of class on Canvas for select classes, based on the readings for that day. The time allowed to complete each quiz is 10 minutes. Students are not allowed to view or use any outside resources while taking the quizzes.

Participation, Professional Behavior, and Class Etiquette:

- **Zoom:** When class is remote (such as via Zoom), please do not have any other screens/websites, email, etc. open as a distraction. Please see the schedule below for the dates that class is held via Zoom. Also, Zoom is an option for our class as needed during the COVID-19 pandemic.
- **Class participation:** Full participation in discussions and class activities is expected. If unusual circumstances evolve that make it impossible to attend class/labs please contact the instructor via email.
- **Guest lectures:** Please give guest lecturers your undivided attention.

- **Cell phones and laptop use:** Please turn off cell phones and beepers and limit laptop use to class materials.
- **Class considerations:** Drinking beverages and eating in class are fine; however, be respectful of classmates and guest speakers, with regard to noise. No eating during practicum/labs involving use of biochemistry lab or physical assessment labs. When you are done using a piece of equipment make sure it is ready for the next use—i.e. clean, and properly stored, etc. If you are uncomfortable with a laboratory procedure or activity, please see the instructor. When working with lab partner(s), be confidential about personal data.

LECTURE AND LAB SCHEDULE

The tentative lecture and lab schedule is here: [NUIP 6540 Class Schedule_Fall 2023.doc](https://utah.instructure.com/courses/883651/files/149651175?wrap=1)
(<https://utah.instructure.com/courses/883651/files/149651175?wrap=1>)

Non-contract note: The syllabus is not a binding legal contract. It may be modified by the instructor when the student is given reasonable notice of the modification, particularly when the modification is done to rectify an error that would disadvantage the student.

FREQUENTLY ASKED QUESTIONS

- **What's the best way to go about managing my time for this class?**

GradSchools.com suggests the following: Graduate school requires an entirely different approach to studying compared to undergraduate classes. There is far less rote learning involved than in undergraduate school. A graduate education emphasizes your understanding of the information more than the memorization of the information.

Successful students (those that get A's and B's) use their time wisely. The standard formula for college coursework is that for every 1 hour of credit a student will spend 3 hours (and sometimes more) of studying and completing homework. Thus, a 3 credit course will require an average of 9 hours of homework (reading, research, studying) per week. As a result, successful students plan their time so that they keep up with assignments by maintaining a pace that fits the course schedule. They also communicate with the instructor often so that they can receive feedback on their work.

[More suggestions for studying in graduate school](https://www.gradschools.com/get-informed/student-guide)  (<https://www.gradschools.com/get-informed/student-guide>)

- **How can I find out how I did on assignments?**

Assignments will be returned in class and via electronic uploads to Canvas. I encourage you all to review graded assignments with feedback provided in the Canvas comments section, as well as to contact me with any questions. Class engagement activities will be graded complete/incomplete

work, with instructor comments provided during class discussion instead of on Canvas. The graded quiz will be available to review after the due date. There will be no exams in this class this semester.

- **I missed an assignment due date, now what?**

Late assignments (defined as assignments submitted between 1 minute and 3 days after the due date) will be accepted for ½ credit. Assignments will not be accepted beyond this point for credit. If you experience technical difficulties with submitting assignments, contact U-online for technical assistance immediately at 801-585-5959 or email me.

Students can receive an extension on deadlines for legitimate work/life reasons. Students must communicate with the instructor before the posted deadline and the work must be submitted by a date approved by the instructor. Also, please see the Life Card document below, as an opportunity to turn in one missed assignment without penalty. The instructor understands that there are additional challenges associated with learning during the pandemic. Please review the Life Card and feel free to reach out to the instructor anytime for educational support.

[NUIP 6540 Life Card Fall 2023.docx \(https://utah.instructure.com/courses/883651/files/149323819?wrap=1\)](https://utah.instructure.com/courses/883651/files/149323819?wrap=1)

- **What happens if I miss a quiz?**

Quizzes on Canvas may not be submitted late for credit at any point.

GRADE SCHEME

The following grading standards will be used in this class:

Grade	Range
A	100 % to 92.5%
A-	< 92.5 % to 89.5%
B+	< 89.5 % to 87.5%
B	< 87.5 % to 82.5%
B-	< 82.5 % to 79.5%
C+	< 79.5 % to 77.5%
C	< 77.5 % to 72.5%
C-	< 72.5 % to 69.5%
D+	< 69.5 % to 67.5%
D	< 67.5 % to 62.5%
D-	< 62.5 % to 59.5%
F	< 59.5 % to 0.0%

COURSE RESPONSIBILITIES

- **Electronic or equipment failure:** The University of Utah and The Department of Nutrition and Integrative Physiology have computers available for student use. If you are having personal computer issues, please use the equipment provided on campus.
- **Document archiving:** You are responsible for making sure your assignments, including attachments, are received before the deadline. Students are also responsible for ensuring that the documents submitted are the correct document to be graded.
- **Naming conventions and software type:** You are responsible for submitting the assignment with the required naming convention, correct file extension, and using the software type and version required for the assignment. See assignment instructions for acceptable formats.
- **Classroom equivalency:** Discussion threads, e-mails, and chat rooms are all considered to be equivalent to classrooms, and student behavior within those environments shall conform to the University of Utah Student Code. Specifically:
 - Posting photos or comments that would be off-topic in a classroom are still off-topic in an online posting.
 - Off-color language and photos are never appropriate.
 - Using angry or abusive language is called "flaming", is not acceptable, and will be dealt with according to the Student Code.
 - Course e-mails, e-journals, and other online course communications are part of the classroom and as such, are University property and subject to GRAMA regulations and the Student Code. Privacy regarding these communications between correspondents must not be assumed and should be mutually agreed upon in advance, in writing.

LAUREN'S PROMISE




The following statement discusses interpersonal violence that has occurred on our campus and resources available. It may evoke feelings of distress or past trauma by individuals who have experienced situations involving interpersonal violence. We wanted to acknowledge as well that this situation does not describe every victim's experience and certain communities may be at a higher risk for these experiences.

Lauren's Promise—I will listen and believe you if someone is threatening you.

Lauren McCluskey, a 21-year-old honors student athlete, was murdered on October 22nd 2018, by a man she briefly dated on the University of Utah campus. ***We must all take actions to ensure that this never happens again.***

If you are in urgent need of support, call 911 and/or the Utah crisis line at 800.273.8255.

If you are experiencing interpersonal violence, sexual assault, domestic violence, and/or stalking, please report it to me and I can connect you to resources. **Here are additional sources of support and help:**

Resource	Phone #	Hours	Affiliation
McCluskey Center for Violence Prevention:	TBD	TBD	University
Center for Student Wellness, Victim Survivor Advocate:	801.581.7776	8-5	University
Office of Equal Opportunity:	801.581.8365	9-5	University
University Department of Public Safety:	801.585.2677	24 hrs	University
University of Utah Neuropsychiatric Institute	801.587.3000	24 hrs	University
Utah Domestic Violence Coalition:	800.897.5465	24 hrs	State
<u>Rape Recovery Center 24-hour Crisis Line</u>  <u>(https://www.raperecoverycenter.org/crisis-line-detail)</u> :	801.467.7273	24 hrs	State
<u>Domestic Violence Link Line</u>  <u>(http://udvc.org/resources/get-help-now)</u> :	800.897.5465	24 hrs	State
<u>Stalking Helpline</u> :  <u>(https://www.safehorizon.org/get-help/stalking/)</u> :	800.621.4673	24 hrs	State
Rape Recovery Center Crisis Line:	801.467.7272	24 hrs	State

Mandatory reporters are university employees, including students in paid leadership positions, who are required to report sexual misconduct to the Office of Equal Opportunity and Affirmative Action per university regulations. Examples of mandatory reporters include:

- Professors and other faculty
- Administration and staff (non-mental health)
- Resident advisors
- Student employees
- Campus police or campus security officials
- Athletic coaches/assistants

Confidential resources are employees not required to report any identifying information regarding an incident of sexual violence to the university. Survivors of sexual misconduct can speak openly to confidential resources about their experiences without their names or extensive details about their experience being reported to the Title IX coordinator or law enforcement.

- University Counseling Center
- University Hospitals Chaplin
- Student Athlete Support Services
- Center for Student Wellness Victim Advocates
- Women's Resource Center

UNIVERSITY POLICIES

COVID-19 Campus Guidelines

CAMPUS COVID-19 RESOURCES

INFORMATION & PRECAUTIONS

We are a mask friendly campus

Masks are no longer required in indoor spaces on main campus. The general public will not be required to wear masks in public facilities—including the Utah Museum of Fine Arts, Natural History Museum of Utah, and Pioneer Theatre. It is important that our campus remain “mask-friendly.” Those who still wish to wear masks are encouraged to do so, especially those at high risk of severe illness from COVID-19.

Masks are now optional in most University of Utah Health facilities. Please read the policy [here](#).



VACCINATION INFORMATION



GUIDANCE FOR THE CAMPUS COMMUNITY



WORK REIMAGINED



COVID-19 Central @ The U


 801-213-2874

 [coronavirus.utah.edu \(https://coronavirus.utah.edu/\)](https://coronavirus.utah.edu/)

Drop/Withdrawal Policies

Students may drop a course within the first two weeks of a given semester without any penalties.

Students may officially withdraw (W) from a class or all classes after the drop deadline through the midpoint of a course. A “W” grade is recorded on the transcript and appropriate tuition/fees are assessed. The grade “W” is not used in calculating the student’s GPA.

For deadlines to withdraw from full-term, first, and second session classes, see the U's [Academic Calendar](https://registrar.utah.edu/academic-calendars/index.php)  [. \(https://registrar.utah.edu/academic-calendars/index.php\)](https://registrar.utah.edu/academic-calendars/index.php).

Plagiarism and Cheating

It is assumed that all work submitted to your instructor is your own work. When you have used the ideas of others, you must properly indicate that you have done so.



Plagiarism and cheating are serious offenses and may be punished by failure on an individual assignment, and/or failure in the course. Academic misconduct, according to the University of Utah Student Code,

“...Includes, but is not limited to, cheating, misrepresenting one’s work, inappropriately collaborating, plagiarism, and fabrication or falsification of information...It also includes facilitating academic misconduct by intentionally helping or attempting to help another to commit an act of academic misconduct.”

For details on plagiarism and other important course conduct issues, see the U's [Code of Student Rights and Responsibilities](http://regulations.utah.edu/academics/6-400.php)  [. \(http://regulations.utah.edu/academics/6-400.php\)](http://regulations.utah.edu/academics/6-400.php).

Course Materials Copyright

The Content is made available only for your personal, noncommercial educational, and scholarly use. You may not use the Content for any other purpose, or distribute, post or make the Content available to others unless you obtain any required permission from the copyright holder. Some Content may be provided via streaming or other means that restrict copying; you may not circumvent those restrictions. You may not alter or remove any copyright or other proprietary notices included in the Content.

Please see the [Code of Student Rights and Responsibilities](https://regulations.utah.edu/academics/6-400.php)  [\(https://regulations.utah.edu/academics/6-400.php\)](https://regulations.utah.edu/academics/6-400.php), Section III.A.5 regarding the **use and distribution of class Content**  [\(https://regulations.utah.edu/academics/6-400.php\)](https://regulations.utah.edu/academics/6-400.php) and materials. Section III.A.5. prohibits the following:

Sale or distribution of information representing the work product of a faculty member to a commercial entity for financial gain without the express written permission of the faculty member responsible for

the course. ("Work product" means original works of authorship that have been fixed in a tangible medium and any works based upon and derived from the original work of authorship.)

Safety at the U

The University of Utah values the safety of all campus community members. You will receive important emergency alerts and safety messages regarding campus safety via text message.

For more safety information and to view available training resources, including helpful videos, visit safeu.utah.edu ([http://safeu.utah.edu/](http://safeu.utah.edu)).

To report suspicious activity or to request a courtesy escort, contact:

Campus Police & Department of Public Safety

📞 801-585-COPS (801-585-2677)

🌐 dps.utah.edu ↗ (<https://dps.utah.edu/>)

📍 1735 E. S. Campus Dr.
Salt Lake City, UT 84112

Wellness at the U

Your personal health and wellness are essential to your success as a student. Personal concerns like stress, anxiety, relationship difficulties, depression, or cross-cultural differences can interfere with a student's ability to succeed and thrive in this course and at the University of Utah.

Please feel welcome to reach out to your instructor or TA to handle issues regarding your coursework.

For helpful resources to manage your personal wellness and counseling options, contact:

Center for Student Wellness

📞 801-581-7776

🌐 wellness.utah.edu (<http://wellness.utah.edu/>)

📍 2100 Eccles Student Life Center
1836 Student Life Way
Salt Lake City, UT 84112

Women's Resource Center

📞 801-581-8030

🌐 womenscenter.utah.edu ↗ (<https://womenscenter.utah.edu/>)

📍 411 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112

Addressing Sexual Misconduct

Title IX makes it clear that violence and harassment based on sex and gender (which includes sexual orientation and gender identity/expression) is a civil rights offense subject to the same kinds of accountability and the same kinds of support applied to offenses against other protected categories such as race, national origin, color, religion, age, status as a person with a disability, veteran's status, or genetic information.

If you or someone you know has been harassed or assaulted, you are encouraged to report it to university officials:

Title IX Coordinator & Office of Equal Opportunity and Affirmative Action

📞 801-581-8365

🌐 oeo.utah.edu ➔ (<https://oeo.utah.edu/>)

📍 135 Park Building
201 Presidents' Cir.
Salt Lake City, UT 84112

Office of the Dean of Students

📞 801-581-7066

🌐 deanofstudents.utah.edu ➔ (<https://deanofstudents.utah.edu/>)

📍 270 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112

To file a police report, contact:

Campus Police & Department of Public Safety

📞 801-585-COPS (801-585-2677)

🌐 dps.utah.edu ➔ (<https://dps.utah.edu/>)

📍 1735 E. S. Campus Dr.
Salt Lake City, UT 84112

If you do not feel comfortable reporting to authorities, the U's Victim-Survivor Advocates provide **free, confidential, and trauma-informed** support services to **students, faculty, and staff** who have experienced interpersonal violence.

To **privately** explore options and resources available to you with an advocate, contact:

Center for Student Wellness


📞 801-581-7776

🌐 wellness.utah.edu (<http://wellness.utah.edu/>)

📍 328 Student Services Building
201 S. 1460 E.
Salt Lake City, UT 84112

Americans With Disabilities Act (ADA)

The University of Utah seeks to provide equal access to its programs, services, and activities for people with disabilities.

All written information in this course can be made available in an alternative format with prior notification to the Center for Disability & Access (CDA). CDA will work with you and the instructor to make arrangements for accommodations. Prior notice is appreciated. To read the full accommodations policy for the University of Utah, please see Section Q of the **[Instruction & Evaluation regulations](http://regulations.utah.edu/academics/6-100.php)**  [. \(http://regulations.utah.edu/academics/6-100.php\)](http://regulations.utah.edu/academics/6-100.php).

If you will need accommodations in this class, or for more information about what support they provide, contact:

Center for Disability & Access

 801-581-5020

 **disability.utah.edu**  [\(https://disability.utah.edu/\)](https://disability.utah.edu/)

 162 Union Building

200 S. Central Campus Dr.

Salt Lake City, UT 84112

Diverse Student Support

Your success at the University of Utah is important to all of us here! If you feel like you need extra support in academics, overcoming personal difficulties, or finding community, the U is here for you.

Student Support Services (TRIO)

TRIO federal programs are targeted to serve and assist low-income individuals, first-generation college students, and individuals with disabilities.

Student Support Services (SSS) is a TRIO program for current or incoming undergraduate university students who are seeking their first bachelor's degree and need academic assistance and other services to be successful at the University of Utah.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

Student Support Services (TRIO)

 801-581-7188

 **trio.utah.edu**  [\(https://trio.utah.edu/\)](https://trio.utah.edu/)

 Room 2075

1901 E. S. Campus Dr.

Salt Lake City, UT 84112

American Indian Students

The AIRC works to increase American Indian student visibility and success on campus by advocating for and providing student-centered programs and tools to enhance academic success, cultural events to promote personal well-being, and a supportive “home-away-from-home” space for students to grow and develop leadership skills.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

American Indian Resource Center

📞 801-581-7019

🌐 diversity.utah.edu/centers/airc ↗️ (<https://diversity.utah.edu/centers/airc/>)

📍 Fort Douglas Building 622
1925 De Trobriand St.
Salt Lake City, UT 84113

Black Students

Using a pan-African lens, the Black Cultural Center seeks to counteract persistent campus-wide and global anti-blackness. The Black Cultural Center works to holistically enrich, educate, and advocate for students, faculty, and staff through Black-centered programming, culturally affirming educational initiatives, and retention strategies.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

Black Cultural Center

📞 801-213-1441

🌐 diversity.utah.edu/centers/bcc ↗️ (<https://diversity.utah.edu/centers/bcc/>)

📍 Fort Douglas Building 603
95 Fort Douglas Blvd.
Salt Lake City, UT 84113

Students with Children

Our mission is to support and coordinate information, program development, and services that enhance family resources as well as the availability, affordability, and quality of child care for University students, faculty, and staff.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

Center for Childcare & Family Resources

📞 801-585-5897

🌐 childcare.utah.edu ↗️ (<https://childcare.utah.edu/>)

📍 408 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112

Students With Disabilities

The Center for Disability and Access is dedicated to serving students with disabilities by providing the opportunity for success and equal access at the University of Utah. They also strive to create an inclusive, safe, and respectful environment.

For more information about what support they provide and links to other resources, view their website or contact:

Center for Disability and Access

📞 801-581-5020

🌐 disability.utah.edu ↗️ [\(https://disability.utah.edu/\)](https://disability.utah.edu/)

📍 162 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112

Students of Ethnic Descent

The Center for Ethnic Student Affairs offers several programs dedicated to the success of students with varied cultural and ethnic backgrounds. Its mission is to create an inclusive, safe campus community that values the experiences of all students.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

Center for Ethnic Student Affairs

📞 801-581-8151

🌐 diversity.utah.edu/centers/cesa/ ↗️ [\(https://diversity.utah.edu/centers/cesa/\)](https://diversity.utah.edu/centers/cesa/)

📍 235 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112

English as a Second/Additional Language (ESL) Students

If you are an English language learner, there are several resources on campus available to help you develop your English writing and language skills. Feel free to contact:

Writing Center

📞 801-587-9122

🌐 writingcenter.utah.edu ↗️ [\(http://writingcenter.utah.edu/\)](http://writingcenter.utah.edu/)

📍 2701 Marriott Library
295 S 1500 E
Salt Lake City, UT 84112

English for Academic Success (EAS) Program

📞 801-581-8047

🌐 linguistics.utah.edu ↗️ [\(https://linguistics.utah.edu/\)](https://linguistics.utah.edu/)

📍 2300 LNCO
255 S. Central Campus Dr.
Salt Lake City, UT 84112

English Language Institute

📞 801-581-4600

🌐 continue.utah.edu/eli [\(http://continue.utah.edu/eli\)](http://continue.utah.edu/eli)

📍 540 Arapeen Dr.
Salt Lake City, UT 84108

Undocumented Students

Immigration is a complex phenomenon with broad impact—those who are directly affected by it and those who are indirectly affected by their relationships with family members, friends, and loved ones. If your immigration status presents obstacles that prevent you from engaging in specific activities or fulfilling specific course criteria, confidential arrangements may be requested from the Dream Center.

Arrangements with the Dream Center will not jeopardize your student status, your financial aid, or any other part of your residence. The Dream Center offers a wide range of resources to support undocumented students (with and without DACA) as well as students from mixed-status families.

For more information about what support they provide and links to other resources, view their website or contact:

Dream Center

📞 801-213-3697

🌐 dream.utah.edu (<http://dream.utah.edu/>)

📍 200 S. CENTRAL CAMPUS DRIVE
UNION, ROOM 80
SALT LAKE CITY, UT 84112

LGBTQ+ Students

The LGBTQ+ Resource Center acts in accountability with the campus community by identifying the needs of people with a queer range of [a]gender and [a]sexual experiences and responding with university-wide services.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

LGBTQ+ Resource Center

📞 801-587-7973

🌐 lgbt.utah.edu (<http://lgbt.utah.edu/>)

📍 409 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112

Veterans & Military Students

The mission of the Veterans Support Center is to improve and enhance the individual and academic success of veterans, service members, and their family members who attend the university; to help them receive the benefits they earned, and to serve as a liaison between the student veteran community and the university.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

Veterans Support Center

📞 801-587-7722

🌐 (<http://lgbt.utah.edu/>) veteranscenter.utah.edu ↗️ (<http://veteranscenter.utah.edu/>)

📍 418 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112

Women

The Women's Resource Center (WRC) at the University of Utah serves as the central resource for educational and support services for women. Honoring the complexities of women's identities, the WRC facilitates choices and changes through programs, counseling, and training grounded in a commitment to advance social justice and equality.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

Women's Resource Center

📞 801-581-8030

🌐 womenscenter.utah.edu ↗️ (<https://womenscenter.utah.edu/>)

📍 411 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112

Inclusivity at the U

The Office for Inclusive Excellence is here to engage, support, and advance an environment fostering the values of respect, diversity, equity, inclusivity, and academic excellence for students in our increasingly global campus community. They also handle reports of bias in the classroom as outlined below:

Bias or hate incidents consist of speech, conduct, or some other form of expression or action that is motivated wholly or in part by prejudice or bias whose impact discriminates, demeans, embarrasses, assigns stereotypes, harasses, or excludes individuals because of their race, color, ethnicity, national origin, language, sex, size, gender identity or expression, sexual orientation, disability, age, or religion.

For more information about what support they provide and links to other resources, or to report a bias incident, view their website or contact:

Office for Inclusive Excellence

📞 801-581-4600

🌐 inclusive-excellence.utah.edu ↗️ (<https://inclusive-excellence.utah.edu/>)

(<http://continue.utah.edu/eli>)

📍 200 S. CENTRAL CAMPUS DRIVE

UNION, ROOM 70
SALT LAKE CITY, UT 84112






Other Student Groups at the U












To learn more about some of the other resource groups available at the U, check out:













 getinvolved.utah.edu/ (<https://getinvolved.utah.edu/>)

 <https://ssc.utah.edu/tools-for-success.php>  (<https://ssc.utah.edu/tools-for-success.php>)


Course Summary:

Date	Details	Due
Wed Aug 23, 2023	 <u>Academic Integrity Quiz</u> https://utah.instructure.com/courses/883651/assignments/12349330	due by 9am
Mon Aug 28, 2023	 <u>Class Engagement</u> <u>(Preparation and Participation):</u> <u>Professionalism Rubric</u> https://utah.instructure.com/courses/883651/assignments/12349345	due by 9am
	 <u>Biochemical Assessment Quiz</u> <u>(BMP/CMP)</u> https://utah.instructure.com/courses/883651/assignments/12349327	due by 2pm
Wed Aug 30, 2023	 <u>Academy of Nutrition and</u> <u>Dietetics Student Membership</u> https://utah.instructure.com/courses/883651/assignments/12349331	due by 9am
Wed Sep 6, 2023	 <u>Class Engagement</u> <u>(Preparation and Participation):</u> <u>Lab Testing</u> https://utah.instructure.com/courses/883651/assignments/12349344	due by 9am
	 <u>Biochemical assessment TBL</u> <u>(Application)</u> https://utah.instructure.com/courses/883651/assignments/12349337	due by 2pm
	 <u>Biochemical assessment TBL</u> <u>(GRAT)</u> https://utah.instructure.com/courses/883651/assignments/12349338	due by 2pm

Date	Details	Due
Mon Sep 11, 2023	 <u>Biochemical assessment TBL (IRAT)</u> .https://utah.instructure.com/courses/883651/assignments/12349339)	due by 2pm
Mon Sep 11, 2023	 <u>Biochemical Assessment Quiz (CBC/Anemia)</u> .https://utah.instructure.com/courses/883651/assignments/12349328)	due by 2pm
Mon Sep 11, 2023	 <u>Complete Blood Count (CBC) Practice Activity</u> .https://utah.instructure.com/courses/883651/assignments/12349347)	due by 2pm
Mon Sep 18, 2023	 <u>Advanced diabetes management TBL (Application)</u> .https://utah.instructure.com/courses/883651/assignments/12349332)	due by 2pm
Mon Sep 18, 2023	 <u>Advanced diabetes management TBL (GRAT)</u> .https://utah.instructure.com/courses/883651/assignments/12349333)	due by 2pm
Mon Sep 18, 2023	 <u>Advanced diabetes management TBL (IRAT)</u> .https://utah.instructure.com/courses/883651/assignments/12349334)	due by 2pm
Wed Sep 20, 2023	 <u>IRB Online Training Certificate</u> .https://utah.instructure.com/courses/883651/assignments/12349355)	due by 9am
Wed Sep 20, 2023	 <u>Class Engagement (Preparation and Participation): Diabetes Assessment</u> .https://utah.instructure.com/courses/883651/assignments/12349342)	due by 5pm
Mon Sep 25, 2023	 <u>Dietary assessment and the microbiome TBL (Application)</u> .https://utah.instructure.com/courses/883651/assignments/12349349)	due by 2pm
Mon Sep 25, 2023	 <u>Dietary assessment and the microbiome TBL (GRAT)</u> .https://utah.instructure.com/courses/883651/assignments/12349350)	due by 2pm
Mon Sep 25, 2023	 <u>Dietary assessment and the microbiome TBL (IRAT)</u> .https://utah.instructure.com/courses/883651/assignments/12349351)	due by 2pm

Date	Details	Due
	 <u>Microbiome Case Study</u> (https://utah.instructure.com/courses/883651/assignments/12349356)	due by 5pm
Wed Sep 27, 2023	 <u>Biochemical Assessment Assignment</u> (https://utah.instructure.com/courses/883651/assignments/12349336)	due by 9am
	 <u>Nutrition and Exercising Tracking Quiz</u> (https://utah.instructure.com/courses/883651/assignments/12349326)	due by 2pm
Mon Oct 16, 2023	 <u>Bone Health Quiz</u> (https://utah.instructure.com/courses/883651/assignments/12566100)	due by 2pm
	 <u>Dietary Analysis Lab Report</u> (https://utah.instructure.com/courses/883651/assignments/12349348)	due by 9am
Wed Oct 18, 2023	 <u>Estimation of Energy Expenditure Quiz</u> (https://utah.instructure.com/courses/883651/assignments/12566111)	due by 2pm
Mon Oct 23, 2023	 <u>EHRGo Case Study (Head and Neck Cancer)</u> (https://utah.instructure.com/courses/883651/assignments/12349354)	due by 9am
Wed Oct 25, 2023	 <u>Anthropometric Assessment Part I Quiz</u> (https://utah.instructure.com/courses/883651/assignments/12566104)	due by 2pm
Mon Oct 30, 2023	 <u>EHRGo Case Study (COVID-19 and Nutrition Support)</u> (https://utah.instructure.com/courses/883651/assignments/12349352)	due by 9am
Wed Nov 1, 2023	 <u>Anthropometric Assessment Part II Quiz</u> (https://utah.instructure.com/courses/883651/assignments/12566107)	due by 2pm
Mon Nov 6, 2023	 <u>Intuitive Eating Quiz</u> (https://utah.instructure.com/courses/883651/assignments/12660886)	due by 2pm
Wed Nov 8, 2023	 <u>Pediatric Nutrition Assessment Quiz</u>	due by 2pm

Date	Details	Due
	(https://utah.instructure.com/courses/883651/assignments/12566120)	
	 Nutrition for Children with Special Healthcare Needs Certificate (https://utah.instructure.com/courses/883651/assignments/12665953)	due by 11:59pm
Mon Nov 13, 2023	 EHRGo Case Study (Eating Disorder) (https://utah.instructure.com/courses/883651/assignments/12349353)	due by 9am
	 Swallow Screening Quiz (https://utah.instructure.com/courses/883651/assignments/12566121)	due by 2pm
Wed Nov 15, 2023	 Class Engagement (Preparation and Participation): Swallow Screening (https://utah.instructure.com/courses/883651/assignments/12349346)	due by 5pm
	 Peer evaluation TBL (https://utah.instructure.com/courses/883651/assignments/12349359)	due by 12pm
Mon Nov 20, 2023	 Malnutrition Quiz (https://utah.instructure.com/courses/883651/assignments/12349329)	due by 2pm
	 Pediatric Nutrition Focused Physical Exam Quiz (https://utah.instructure.com/courses/883651/assignments/12349324)	due by 2pm
Mon Nov 27, 2023	 Ambulatory Care Diabetes IPE Reflection (https://utah.instructure.com/courses/883651/assignments/12349335)	due by 9am
Wed Nov 29, 2023	 Nutrition Focused Physical Exam and Case Studies (https://utah.instructure.com/courses/883651/assignments/12349357)	due by 5pm
	 Case Study Presentation (https://utah.instructure.com/courses/883651/assignments/12349340)	due by 9am
Wed Dec 6, 2023	 Class Engagement (Preparation and Participation): Instructor entered grade based on student preparation and	due by 5pm

Date	Details	Due
	<u>participation throughout the semester</u> <u>(https://utah.instructure.com/courses/883651/assignments/12349343)</u>	
Thu Dec 14, 2023	 <u>Case Study Questions: Final Report</u> <u>(https://utah.instructure.com/courses/883651/assignments/12349341)</u>	due by 12:30pm