

Course Syllabus

SYLLABUS

KINES 2500-090 FALL, 2023

FOUNDATIONS OF HEALTH AND KINESIOLOGY
ONLINE, 3 CREDIT HOURS

Make certain you read the content and watch the videos on the '**[start here](https://utah.instructure.com/courses/889123/pages/start-here-fall-2023)** (<https://utah.instructure.com/courses/889123/pages/start-here-fall-2023>)' tab from the home page.

INSTRUCTORS

Instructors:	Maria Newton, PhD	Kerry Magiske, DNP, MS
Department:	Health & Kinesiology	Health & Kinesiology
Office:	HPRN 203	HPRN 255

TEACHING ASSISTANTS (TA)

Teaching Assistants	Mickey Bolyard	Sarah McCall	Alli Godbe
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Teaching Assistants	Jefferson Brewer	Beverly Albert	

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HOW TO REACH US

Have a question or want to communicate with one of your professors? The easiest way to contact Drs Newton and Magiske directly is to use the *Inbox*, located in the far left Canvas menu.

- Maria.Newton@health.utah.edu ([mailto:maria.newton@health.utah.edu](mailto:Maria.Newton@health.utah.edu))
- Kerry.Magiske@hsc.utah.edu ([mailto:kerry.magiske@hsc.utah.edu](mailto:Kerry.Magiske@hsc.utah.edu))

Want to meet with one of your professors? That is a great idea. Both Dr Newton and Dr Magiske are often on campus. They are also available on Zoom. Please email them to set up an office visit or to schedule a Zoom meeting.

Question/issue with assignment grading? Please communicate with the teaching assistant who graded your work. Feel free to reach out to Dr Newton or Dr Magiske if you have additional questions.

Questions about a quiz or exam? Reach out to Dr Newton.

When do we check and reply to our email? Drs Newton and Magiske will check email Monday-Friday until approximately 3pm and typically reply quite quickly. We don't check email in the evenings or on weekends. Why is this important? Often students start an assignment the night it is due and email us with a question. Please realize that you will not receive a response before it is due if you do this. If you start assignments early you will leave yourself enough time to reach out to us and receive a response before it is due.

FERPA Notice: Due to the Federal Educational Rights and Privacy Act, **all electronic correspondence must be sent through Canvas or your official University of Utah (U-Mail) account.** In other words you cannot use your gmail, hotmail, or yahoo account to contact professors.

COURSE DESCRIPTION

Overview

Description Exploration of the Health and Kinesiology major, including: 1) An introduction to the multiple subdisciplines of kinesiology, such as sport sociology, biomechanics, motor learning, exercise physiology, exercise prescription, and sport and exercise psychology; 2) A survey of professional and career opportunities; 3) A general introduction to research and the scientific process within the field; and 4) An overview of emphasis areas within the major. Should you choose a degree in Health and Kinesiology, the courses you can take later will focus on your selected emphasis.


Pre- or co-requisites None

Knudson, D.V., & Brusseau, T.A. (2022, 6th Ed.). *Introduction to Kinesiology Studying Physical Activity*. Human Kinetics. ISBN: 978-1-7182-0273-3.

- We have partnered with the Inclusive Access Program for your text. Basically---- it is a program that drastically reduces textbook prices for students. **You have access to a digital version of the text via the Bookshelf link to the left.** You will be charged ½ of list price so we think this is a good deal. The charge goes onto your tuition bill. If you chose to OPT-OUT of this program (allowed up through the first 2 weeks of classes) you will be solely responsible for obtaining all your own content and appropriate access to the material in the text. You can go to

Required Materials

www.campusstore.utah.edu (<http://www.campusstore.utah.edu>) and find the OPT-OUT option under the “BOOKS” menu.

More information on this textbook program can be found at <https://www.campusstore.utah.edu/inclusiveaccess/>  (<https://www.campusstore.utah.edu/inclusiveaccess/>)

Canvas - It is your responsibility to ensure that you have access to: (1) A computer that functions properly; (2) Canvas; and (3) KINES 2500 on Canvas. Further, you are responsible for learning how to navigate our home page, and use the various tools that will be necessary for this course. If technical problems occur with your Canvas please contact Canvas Support at (801)-581-6112. If you try and contact me, I will refer you to Canvas Support. There is nothing I can do to help with technical difficulties.

Student Learning Outcomes

The overall goal of KINES 2500 is to introduce you to the Health and Kinesiology major.

This will be accomplished by focusing on the following learning outcomes:

1. Identify basic content knowledge of the sub-disciplines in Kinesiology, including exercise physiology, exercise and sport psychology, epidemiology, motor behavior and control,

- kinesiology, exercise prescription, physical education, and biomechanics.
2. Adopt professional practices and behaviors related to succeeding in your undergraduate education.
 3. Navigate and establish connections with the resources and opportunities most pertinent to you at the University of Utah.
 4. Understand the emphasis areas in the Health & Kinesiology major and identify the steps to successfully navigate your major.
 5. Reflect on your vocational aspirations and create pathways to achieve those goals.

Teaching and learning methods

CANVAS: This is an online course so **everything will occur on CANVAS** -- lectures, assignments, discussions, quizzes, and exams.

It is expected that you will have access to CANVAS.

- Every week we will open a new module.
- Each module is structured the same way so you should be able to get into a rhythm with how to interact with the course content.
- There are video lectures each week in the modules.
- There are 3 major elements to the course:
 - 1. Exams cover the video lectures in each module.
 - 2. Quizzes happen most weeks on the content in the textbook.
 - 3. A lot of learning occurs in the discussions and assignments. These focus on encouraging you to interact with and apply the material / content.
- **Successful students do the following:**
 - Pro Tip #1: Spend a few minutes at the beginning of the semester organizing your Canvas dashboard ('hide' old courses), learning how to use the Canvas calendar, and personalizing your Canvas notifications (we have a video on that).
 - Access the course at least 3 times a week and complete the tasks in the module for that week.
 - Pro Tip #2: Schedule a specific day and time that you will open the course in Canvas and read the text, watch the videos, take notes, complete assignments/quizzes, etc. For example, you may choose to log into for Canvas for this class every Monday, Wednesday, and Friday between 1-2:30pm or 9-10:30pm. Maybe you decide to read the text and take the quiz on Monday, review or complete assignments on Wednesday, and watch the videos and take notes on Friday. The bottom line is that you schedule and prioritize your time for this course / KINES 2500 just like you would any other course.
 - Read each posted announcement.

- Watch the video lectures every week and take notes on the content.
- Download the Powerpoint slides that accompany each lecture and study them as they watch the video lecture.
- Read the textbook weekly and take the accompanying quiz.
- Complete and assignments, discussions, quizzes, and exams well before the deadline.
 - Pro Tip #3: If you access course material M, W, and F (see Pro Tip #2 above) complete assignments, etc. early in the week. For example, you can easily read the text the complete the weekly quiz early in the week. If you complete an assignment early in the week / a few days before it is due then you have left yourself some time to ask questions, make your response better, and still get it in well before the deadline.
- Don't hand in their first draft on assignment / discussions -- be critical of your own work so that it is thoughtful, insightful, and grammatically correct. Edit your first draft (and maybe your second draft) before submitting it.
- Reach out to us (Dr Newton and Dr Magiske) by attending our office hours, emailing, or just dropping by to say 'hi'.
 - Pro Tip #4: Drop by our offices if you are on campus and have a few minutes. Getting to know your professors is a good thing!
- Pro Tip #5: Get organized. Create system of folders on your computer where you store all of your course materials. Logically name each document (name, class, assignment) you make for a class and keep copies.

We want to get to know you, support you, and help you. Please take advantage of the opportunities we provide for you to get to know us, your fellow students, and all the University of Utah has to offer.

GRADING

Grading

Each component/assignment under course requirements will be graded on a point system. Grades will be determined based on a percentage of total points earned. Grades at or above the .5 level will be rounded up; grades at or below .4 level will be rounded down.

It is your responsibility to turn assignments in whether you are in town or not (keep in mind the time zone you are in-- we use Mountain Standard Time). Each assignment must be submitted via CANVAS. **Please take careful note of the day and time assignments are due (see the 'Assignments' tab to your left).**

Your grades will be calculated using the following:

93-100% = A	77-79.9% = C+	60-62.9% = D-
90-92.9% = A-	73-76.9% = C	<60% = E
87-89.9% = B+	70-72.9% = C-	
83-86.9% = B	67-69.9% = D+	
80-82.9% = B-	63-66.9% = D	

Your grade will be calculated based on the following:

	Points	Percentage of your grade
1. Quizzes		
Syllabus	10	
Ch. 1: Introduction to Kinesiology	10	
Ch. 2: Importance of Physical Activity Experiences	10	
Ch. 5: Sociology of Physical Activity	10	
Ch. 6: Motor Behavior	10	
Ch. 7: Sport and Exercise Psychology	10	
Ch. 8: Biomechanics of Physical Activity	10	
Ch. 9: Physiology of Physical Activity	10	
Ch. 11: Careers in Health & Fitness	10	
Ch. 12: Careers in Medicine and Allied Health	10	
Total Points	90 (9 highest scores; lowest quiz deleted)	27.3%
2. Online Discussions		
Introduce Yourself	10	
How to Get the Most Out of College	20	

Total Points	30	9%
3. Assignments/Projects/Papers		
Responding to Assignment Feedback	5	
You at the U	10	
Cardio fitness assignment	30	
PEAK Assignment -- You will complete a wellness assessment and then meet with a wellness coach.	35	
PEAK sign-up	5	
Professional Practice Paper	35	
Total Points	120	36.4%
4. Exams		
Exam I	45	
Exam II (during finals-- not cumulative)	45	
Total Points	90	27.3%
Total Points in the Class	330	100%

Submitting Assignments

1. All assignments must be typed and spaced as requested.
2. All assignment / discussion submissions must be created by you and you alone. Using AI / artificial intelligence (e.g., CHAT GPT) in the creation of your Assignments / discussions submissions is not allowed. You will fail the assignment and possibly the course if you use AI / artificial intelligence.
3. All assignments are to be submitted via the assignment tool on Canvas.
4. **All written assignments must be uploaded in the format requested -- PDF is always an option.**

5. Take special note of the day and time each assignment opens and when it is due. Canvas will lock you out if you are even one minute late. We will not open it back up for you. You will never run into this issue if you submit quizzes and assignments early.

6. We make a special effort to provide you substantial personal feedback on your assignments. It is expected that you read your feedback and we welcome your comments.

7. **FERPA Notice:** Due to the Federal Educational Rights and Privacy Act, all electronic correspondence must be sent through Canvas or your official University of Utah (U-Mail) account.

Late Assignments

Late assignments will not be accepted, unless you have an emergency.

We do not accept late work. You will receive a zero. Computer problems are not legitimate excuses for late submissions. Please plan accordingly.





We have found that our 'no late work' policy is challenging for some students. Some of you may have been provided great flexibility in high school to hand in assignments late. Recognize that learning how to manage your time and prioritize your tasks are very important skills to learn. Our policy encourages you to learn those skills early in your academic career.

The only exception to this policy is in the case of an emergency. If you have an emergency please email Dr Newton *within 12 hours*. Emergencies involve events that are unexpected and severely impede your ability to complete your academic work. For example, being in a car crash in which you are injured or losing a family member are valid emergencies. Having a job interview, going on vacation or not being able to access the internet to complete a quiz are not emergencies. We may ask you for a note of some sort for verification. We will gladly work with you if you experience a valid emergency.

COURSE POLICIES

This course is completely online. Though the online format allows students greater flexibility to complete their work, this course does have a structure and timeline. As such, the following is expected of all students in this class:

- Students must be **self-motivated**, **organized**, and **willing to stay on top of their schedule**. Students should take control of their learning while in this course.

- Students are expected to **follow the [Core Rules of Netiquette](http://www.albion.com/netiquette/corerules.html)**  (<http://www.albion.com/netiquette/corerules.html>) at all times while participating in the class and communicating with others.
- Students will **log in** to the course a minimum of **3 times per week**.
- Students are **not expected to interact with their classmates in person**. Students **may be expected to work with classmates via online communication** options like Canvas Discussions, video conferencing, or another communication technologies of choice (Zoom, Groupme, FaceTime, Google Hangouts, etc).
- Students will **regularly check for course updates** and will **update their Canvas notification settings** to ensure they receive timely notifications from the course.
- Students will **contact the instructor** in a timely manner if they have any **questions**, are **struggling** with course materials, or **need further assistance**.
 - If you do not hear back within 3 days after sending a message, please contact me again.
- Students will **follow all official University of Utah policies** regarding interpersonal conduct, academic dishonesty, and other rights and responsibilities of students outlined in the **[University of Utah Student Handbook](https://registrar.utah.edu/handbook/)**  (<https://registrar.utah.edu/handbook/>) and **[Code of Student Rights and Responsibilities](https://regulations.utah.edu/academics/6-400.php)**  (<https://regulations.utah.edu/academics/6-400.php>).
 - If you have any questions about this, please contact the **[Dean of Students](https://deanofstudents.utah.edu/)**  (<https://deanofstudents.utah.edu/>).
 - **If you violate the Code of Student Rights and Responsibilities (cheat, misrepresent your work, plagiarize, or fabricate your work) we will pursue an academic action against you, which may include failing an assignment/exam/discussion or failing the course.**

Overview of Assignments, Quizzes, and Exams

QUIZZES, ONLINE DISCUSSIONS, AND PAPERS/PROJECT EXPLANATIONS:

1. **Quizzes (addresses learning outcome #1): All quizzes are due on Sundays at 11:59pm.**

- **Syllabus Quiz:** Read your syllabus carefully and take the quiz.
- **Chapter Quizzes:** You will complete a total of 9-chapter quizzes from the required text for this class, Introduction to Kinesiology. Each quiz will be 'opened' a week before it is due. Once you open the quiz you will have 30 minutes to complete the quiz. **You will**

be given 2 chances to complete all quizzes. Your lowest quiz grade will be dropped when we calculate your final grade.

2. *Online Discussions (addresses learning outcome #2)*

o Discussion 1: Introduce Yourself:

- The aim of this Discussion is for us to get to know you and for you to learn a bit about your classmates.

o (<https://utah.instructure.com/courses/889123/pages/discussion-1-introduce-yourself>)

Discussion 2: Getting the Most out of College and Professionalism:

- The purpose of this assignment is for you to reflect on why and how you might take full advantage of your experience as a Health & Kinesiology major at the University of Utah.

3. *Assignments/Projects/Papers (addresses learning outcomes #1, #3, and #5)*

o Responding to Assignment Feedback:

- You receive "assignment feedback" from your instructors and TAs when you submit assignments in this class. The purpose of this assignment is to make certain you are aware you receive feedback on your submissions and for you to respond to your feedback.

o You at the U:

- The purpose of this assignment is to foster your understanding of the vast number of opportunities/events at the U of U by attending a university event that you have not previously attended.

o Cardiorespiratory Fitness assignment:

- You will learn your estimated maximum oxygen consumption (VO₂max) by performing one of two field tests.

o PEAK Assignment: Health & Wellness:

- You will: (1) assess your wellness and choose a wellness skill/topic to work on; (2) schedule and attend a 60-minute consultation (virtual or in-person) with a PEAK wellness coach.

o (<https://utah.instructure.com/courses/889123/assignments/12486439>)

- **PEAK Sign-up:** Sign up for a PEAK consultation.

o Professional Practice Paper:

- The aim of this assignment is for you to reflect on the content of the course and your job-related aspirations moving forward.

4. *Exams (addresses learning outcomes #1, #2, #3, and #4)*

- You will have 2 exams.

- Exams will cover lecture material -- the **video** lecture material in the modules. Your quizzes cover book material.
- You will only receive one attempt on the exams and your time will be limited.
- Your last exam, during finals week, will not be cumulative. It will be similar to your first exam.

5. *Optional Opportunities/Extra Credit*

- There is no extra credit in this course.

Course Schedule

KINES 2500 Course Schedule

The purpose of this schedule is to give you an overview of the course. It covers what topics will be covered when and due dates for all of your assignments.

It is a solid idea to put all of the due dates in your calendar with reminders so that you don't miss anything.

Week of August 20

Topic: Welcome to the course!

Note: August 25 is the last day to add/drop courses without a permission code

Week of August 27

Topic: Introduction to the Health and Kinesiology major

Syllabus quiz due September 3

Note: Sept. 1 is the last day to add (with a permission code), drop, or audit courses

Week of September 3

Topics: Introduction to Kinesiology, Physical Activity Guidelines, and H&K Advisors

PEAK sign up due September 6

Chapter 1 quiz due September 10

Chapter 2 quiz due September 10

Week of September 10

Topic: Sociology of Sport

Chapter 5 quiz due September 17

Introduce Yourself due September 17

Week of September 17

Topic: Exercise Physiology

Chapter 9 quiz due October 1

Week of September 24

Topics: Sport and Exercise Psychology & Professionalism

Chapter 7 quiz due February 19

Respond to Feedback due October 1

Week of October 1

Topic: Midterm-- online, dates TBA

Get the Most Out of College due October 15

Week of October 8

Fall Break!!! No content this week

Get the Most Out of College due October 15

Week of October 15

Topic: Biomechanics

Last day to withdraw from classes: October 20

Chapter 8 quiz due October 22

Week of October 22

Topic: Motor Behavior

Cardiorespiratory Fitness due October 25

Chapter 6 quiz due October 29

Week of October 29

Topic: Exercise Prescription

Chapter 11 quiz due November 5

Week of November 5

Topic: Career Development I

Chapter 12 quiz due November 12

You at the U due November 12

Week of November 12

Topic: Career Development II

Professional Practice due November 19

Week of November 19

Topic: Introduction to Research

Thanksgiving Holiday, Thursday, November 23 and Friday, November 24

PEAK due November 26

Week of November 26

Topic: Research Part II

Week of December 3

Last day of classes, Thursday, December 7

Topic: Wrap-up-- last week!

Week of December 10

Finals week

Final Exam-- non-cumulative, dates TBA

Accommodations

DISCLAIMER

Accommodations will be considered on an individual basis and may require documentation.

Please contact me as soon as possible (preferably shortly before the semester begins) to request accommodations of any kind.

EXTREME PERSONAL CIRCUMSTANCES

Please **contact Dr Newton as soon as possible** if an extreme personal circumstance (hospitalization, death of a close relative, natural disaster, etc.) is interfering with your ability to complete your work.


RELIGIOUS PRACTICE

To request an accommodation for religious practices, **contact me at the beginning of the semester.**

ACTIVE DUTY MILITARY

If you are student on active duty with the military and experience issues that prevent you from participating in the course **because of deployment or service responsibilities, contact me as soon as possible** to discuss appropriate accommodations.

DISABILITY ACCESS


All written information in this course can be made available in an alternative format with prior notification to the Center for Disability Services (CDS). CDS will work with you and the instructor to make arrangements for accommodations. Prior notice is appreciated. To read the full accommodations policy for the University of Utah, please see Section Q of the **[Instruction & Evaluation regulations](http://regulations.utah.edu/academics/6-100.php)**  (<http://regulations.utah.edu/academics/6-100.php>).

If you will need accommodations in this class, contact:

Center for Disability Services

 801-581-5020

 **disability.utah.edu**  (<https://disability.utah.edu/>)

 162 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112

Changes to the Syllabus

This syllabus is not a contract. It is meant to serve as an outline and guide for your course. Please note that I may modify it to accommodate the needs of this class.

You will be notified of any changes to the Syllabus.

UOnline Instructor Expectations

Your course instructor is an expert in the topics you will learn about this semester. Your instructor is your mentor and facilitator of the classroom experience, aided by teaching assistants. Instructors are committed to:

- The instructor will design the course to **include lectures, learning materials, and assignments that are accessible** and provide students with **opportunities to learn** and practice course content.
- The instructor and teaching assistants will ensure that the **course remains a safe space** where students can engage with difficult content thoughtfully and respectfully.
- The instructor and teaching assistants will **interact with the class regularly** via announcements, virtual office hours (one-on-one video conferencing), emails/the Canvas Inbox, feedback on assignments, and comments on Discussions, among other methods.
- The instructor and teaching assistants will **respond to students in a timely manner**: within 48 hours, not including weekends and holidays.
- The instructor and teaching assistants will be **available for individual consultation** via virtual office hours (one-on-one video conferencing), email, or phone and **will not require students to meet in person**.
- The instructor and teaching assistants will **provide relevant feedback in a timely manner**.
- The instructor and teaching assistants will **follow all official University of Utah policies** regarding interpersonal conduct, accommodations, and other important duties.

UNIVERSITY POLICIES

COVID-19 Campus Guidelines

CAMPUS COVID-19 RESOURCES

INFORMATION & PRECAUTIONS

We are a mask friendly campus

Masks are no longer required in indoor spaces on main campus. The general public will not be required to wear masks in public facilities—including the Utah Museum of Fine Arts, Natural History Museum of Utah, and Pioneer Theatre. It is important that our campus remain “mask-friendly.” Those who still wish to wear masks are encouraged to do so, especially those at high risk of severe illness from COVID-19.

Masks are now optional in most University of Utah Health facilities. Please read the [policy here](#).



VACCINATION INFORMATION



GUIDANCE FOR THE CAMPUS COMMUNITY



WORK REIMAGINED



COVID-19 Central @ The U

 801-213-2874

 [coronavirus.utah.edu \(https://coronavirus.utah.edu/\)](https://coronavirus.utah.edu/)

Drop/Withdrawal Policies

Students may drop a course within the first two weeks of a given semester without any penalties.

Students may officially withdraw (W) from a class or all classes after the drop deadline through the midpoint of a course. A “W” grade is recorded on the transcript and appropriate tuition/fees are assessed. The grade “W” is not used in calculating the student’s GPA.

For deadlines to withdraw from full-term, first, and second session classes, see the U's [Academic Calendar](https://registrar.utah.edu/academic-calendars/index.php)  [. \(https://registrar.utah.edu/academic-calendars/index.php\)](https://registrar.utah.edu/academic-calendars/index.php).

Plagiarism and Cheating

It is assumed that all work submitted to your instructor is your own work. When you have used the ideas of others, you must properly indicate that you have done so.



Plagiarism and cheating are serious offenses and may be punished by failure on an individual assignment, and/or failure in the course. Academic misconduct, according to the University of Utah Student Code,

“...Includes, but is not limited to, cheating, misrepresenting one’s work, inappropriately collaborating, plagiarism, and fabrication or falsification of information...It also includes facilitating academic misconduct by intentionally helping or attempting to help another to commit an act of academic misconduct.”

For details on plagiarism and other important course conduct issues, see the U's [Code of Student Rights and Responsibilities](http://regulations.utah.edu/academics/6-400.php)  [. \(http://regulations.utah.edu/academics/6-400.php\)](http://regulations.utah.edu/academics/6-400.php).

Course Materials Copyright

The Content is made available only for your personal, noncommercial educational, and scholarly use. You may not use the Content for any other purpose, or distribute, post or make the Content available to others unless you obtain any required permission from the copyright holder. Some Content may be provided via streaming or other means that restrict copying; you may not circumvent those restrictions. You may not alter or remove any copyright or other proprietary notices included in the Content.

Please see the [Code of Student Rights and Responsibilities](https://regulations.utah.edu/academics/6-400.php)  [\(https://regulations.utah.edu/academics/6-400.php\)](https://regulations.utah.edu/academics/6-400.php), Section III.A.5 regarding the **use and distribution of class Content**  [\(https://regulations.utah.edu/academics/6-400.php\)](https://regulations.utah.edu/academics/6-400.php) and materials. Section III.A.5. prohibits the following:
Sale or distribution of information representing the work product of a faculty member to a commercial entity for financial gain without the express written permission of the faculty

member responsible for the course. (“Work product” means original works of authorship that have been fixed in a tangible medium and any works based upon and derived from the original work of authorship.)

Safety at the U

The University of Utah values the safety of all campus community members. You will receive important emergency alerts and safety messages regarding campus safety via text message.

For more safety information and to view available training resources, including helpful videos, visit safeu.utah.edu (<http://safeu.utah.edu>).

To report suspicious activity or to request a courtesy escort, contact:

Campus Police & Department of Public Safety

☎ 801-585-COPS (801-585-2677)

🌐 dps.utah.edu [↗\(https://dps.utah.edu\)](https://dps.utah.edu)

📍 1735 E. S. Campus Dr.
Salt Lake City, UT 84112

Wellness at the U

Your personal health and wellness are essential to your success as a student. Personal concerns like stress, anxiety, relationship difficulties, depression, or cross-cultural differences can interfere with a student’s ability to succeed and thrive in this course and at the University of Utah.

Please feel welcome to reach out to your instructor or TA to handle issues regarding your coursework.

For helpful resources to manage your personal wellness and counseling options, contact:

Center for Student Wellness

☎ 801-581-7776

🌐 wellness.utah.edu (<http://wellness.utah.edu>)

📍 2100 Eccles Student Life Center
1836 Student Life Way
Salt Lake City, UT 84112

Women's Resource Center

☎ 801-581-8030

🌐 womenscenter.utah.edu [↗\(https://womenscenter.utah.edu\)](https://womenscenter.utah.edu)

📍 411 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112

Addressing Sexual Misconduct

Title IX makes it clear that violence and harassment based on sex and gender (which includes sexual orientation and gender identity/expression) is a civil rights offense subject to the same kinds of accountability and the same kinds of support applied to offenses against other protected categories such as race, national origin, color, religion, age, status as a person with a disability, veteran's status, or genetic information.

If you or someone you know has been harassed or assaulted, you are encouraged to report it to university officials:

Title IX Coordinator & Office of Equal Opportunity and Affirmative Action

📞 801-581-8365

🌐 oeo.utah.edu → [\(https://oeo.utah.edu/\)](https://oeo.utah.edu/)

📍 135 Park Building
201 Presidents' Cir.
Salt Lake City, UT 84112

Office of the Dean of Students

📞 801-581-7066

🌐 deanofstudents.utah.edu → [\(https://deanofstudents.utah.edu/\)](https://deanofstudents.utah.edu/)

📍 270 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112

To file a police report, contact:

Campus Police & Department of Public Safety

📞 801-585-COPS (801-585-2677)

🌐 dps.utah.edu → [\(https://dps.utah.edu/\)](https://dps.utah.edu/)

📍 1735 E. S. Campus Dr.
Salt Lake City, UT 84112

If you do not feel comfortable reporting to authorities, the U's Victim-Survivor Advocates provide **free, confidential, and trauma-informed** support services to **students, faculty, and staff** who have experienced interpersonal violence.

To **privately** explore options and resources available to you with an advocate, contact:

Center for Student Wellness

📞 801-581-7776

🌐 wellness.utah.edu (<http://wellness.utah.edu/>)

📍 328 Student Services Building
201 S. 1460 E.
Salt Lake City, UT 84112

Americans With Disabilities Act (ADA)

The University of Utah seeks to provide equal access to its programs, services, and activities for people with disabilities.


All written information in this course can be made available in an alternative format with prior notification to the Center for Disability & Access (CDA). CDA will work with you and the instructor to make arrangements for accommodations. Prior notice is appreciated. To read the full accommodations policy for the University of Utah, please see Section Q of the [Instruction & Evaluation regulations](http://regulations.utah.edu/academics/6-100.php) [↗](http://regulations.utah.edu/academics/6-100.php) (<http://regulations.utah.edu/academics/6-100.php>).

If you will need accommodations in this class, or for more information about what support they provide, contact:

Center for Disability & Access

 801-581-5020

 disability.utah.edu [↗](https://disability.utah.edu) ([https://disability.utah.edu/](https://disability.utah.edu))

 162 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112

Diverse Student Support

Your success at the University of Utah is important to all of us here! If you feel like you need extra support in academics, overcoming personal difficulties, or finding community, the U is here for you.

STUDENT SUPPORT SERVICES (TRIO)

TRIO federal programs are targeted to serve and assist low-income individuals, first-generation college students, and individuals with disabilities.


Student Support Services (SSS) is a TRIO program for current or incoming undergraduate university students who are seeking their first bachelor's degree and need academic assistance and other services to be successful at the University of Utah.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

Student Support Services (TRIO)

 801-581-7188

 trio.utah.edu [↗](https://trio.utah.edu) ([https://trio.utah.edu/](https://trio.utah.edu))

 Room 2075
1901 E. S. Campus Dr.
Salt Lake City, UT 84112

AMERICAN INDIAN STUDENTS

The AIRC works to increase American Indian student visibility and success on campus by advocating for and providing student-centered programs and tools to enhance academic success, cultural events to promote personal well-being, and a supportive “home-away-from-home” space for students to grow and develop leadership skills.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

American Indian Resource Center

📞 801-581-7019

🌐 diversity.utah.edu/centers/airc ➦ [\(https://diversity.utah.edu/centers/airc/\)](https://diversity.utah.edu/centers/airc/)

📍 Fort Douglas Building 622
1925 De Trobriand St.
Salt Lake City, UT 84113

BLACK STUDENTS

Using a pan-African lens, the Black Cultural Center seeks to counteract persistent campus-wide and global anti-blackness. The Black Cultural Center works to holistically enrich, educate, and advocate for students, faculty, and staff through Black-centered programming, culturally affirming educational initiatives, and retention strategies.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

Black Cultural Center

📞 801-213-1441

🌐 diversity.utah.edu/centers/bcc ➦ [\(https://diversity.utah.edu/centers/bcc/\)](https://diversity.utah.edu/centers/bcc/)

📍 Fort Douglas Building 603
95 Fort Douglas Blvd.
Salt Lake City, UT 84113

STUDENTS WITH CHILDREN


Our mission is to support and coordinate information, program development, and services that enhance family resources as well as the availability, affordability, and quality of child care for University students, faculty, and staff.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

Center for Childcare & Family Resources

 801-585-5897

 childcare.utah.edu  [\(https://childcare.utah.edu/\)](https://childcare.utah.edu/)

 408 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112

STUDENTS WITH DISABILITIES


The Center for Disability and Access is dedicated to serving students with disabilities by providing the opportunity for success and equal access at the University of Utah. They also strive to create an inclusive, safe, and respectful environment.

For more information about what support they provide and links to other resources, view their website or contact:

Center for Disability and Access

 801-581-5020

 disability.utah.edu  [\(https://disability.utah.edu/\)](https://disability.utah.edu/)

 162 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112

STUDENTS OF ETHNIC DESCENT


The Center for Ethnic Student Affairs offers several programs dedicated to the success of students with varied cultural and ethnic backgrounds. Its mission is to create an inclusive, safe campus community that values the experiences of all students.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

Center for Ethnic Student Affairs

 801-581-8151

 diversity.utah.edu/centers/cesa/  [\(https://diversity.utah.edu/centers/cesa/\)](https://diversity.utah.edu/centers/cesa/)

 235 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112

ENGLISH AS A SECOND/ADDITIONAL LANGUAGE (ESL) STUDENTS

If you are an English language learner, there are several resources on campus available to help you develop your English writing and language skills. Feel free to contact:

Writing Center

☎ 801-587-9122

🌐 writingcenter.utah.edu [\(http://writingcenter.utah.edu/\)](http://writingcenter.utah.edu/)

📍 2701 Marriott Library
295 S 1500 E
Salt Lake City, UT 84112

English for Academic Success (EAS) Program

☎ 801-581-8047

🌐 linguistics.utah.edu [\(https://linguistics.utah.edu/\)](https://linguistics.utah.edu/)

📍 2300 LNCO
255 S. Central Campus Dr.
Salt Lake City, UT 84112

English Language Institute

☎ 801-581-4600

🌐 continue.utah.edu/eli [\(http://continue.utah.edu/eli\)](http://continue.utah.edu/eli)

📍 540 Arapeen Dr.
Salt Lake City, UT 84108

UNDOCUMENTED STUDENTS

Immigration is a complex phenomenon with broad impact—those who are directly affected by it and those who are indirectly affected by their relationships with family members, friends, and loved ones. If your immigration status presents obstacles that prevent you from engaging in specific activities or fulfilling specific course criteria, confidential arrangements may be requested from the Dream Center.

Arrangements with the Dream Center will not jeopardize your student status, your financial aid, or any other part of your residence. The Dream Center offers a wide range of resources to support undocumented students (with and without DACA) as well as students from mixed-status families.

For more information about what support they provide and links to other resources, view their website or contact:

Dream Center

☎ 801-213-3697

🌐 dream.utah.edu [\(http://dream.utah.edu/\)](http://dream.utah.edu/)

📍 200 S. CENTRAL CAMPUS DRIVE
UNION, ROOM 80
SALT LAKE CITY, UT 84112

LGBTQ+ STUDENTS

The LGBTQ+ Resource Center acts in accountability with the campus community by identifying the needs of people with a queer range of [a]gender and [a]sexual experiences and responding with university-wide services.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

LGBTQ+ Resource Center

📞 801-587-7973

🌐 lgbt.utah.edu (<http://lgbt.utah.edu/>)

📍 409 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112

VETERANS & MILITARY STUDENTS

The mission of the Veterans Support Center is to improve and enhance the individual and academic success of veterans, service members, and their family members who attend the university; to help them receive the benefits they earned, and to serve as a liaison between the student veteran community and the university.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

Veterans Support Center

📞 801-587-7722

🌐 (<http://lgbt.utah.edu/>) veteranscenter.utah.edu ↗️ (<http://veteranscenter.utah.edu/>)

📍 418 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112

WOMEN

The Women's Resource Center (WRC) at the University of Utah serves as the central resource for educational and support services for women. Honoring the complexities of women's identities, the WRC facilitates choices and changes through programs, counseling, and training grounded in a commitment to advance social justice and equality.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

Women's Resource Center

☎ 801-581-8030

🌐 womenscenter.utah.edu ↗ (<https://womenscenter.utah.edu/>)

📍 411 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112

INCLUSIVITY AT THE U

The Office for Inclusive Excellence is here to engage, support, and advance an environment fostering the values of respect, diversity, equity, inclusivity, and academic excellence for students in our increasingly global campus community. They also handle reports of bias in the classroom as outlined below:

Bias or hate incidents consist of speech, conduct, or some other form of expression or action that is motivated wholly or in part by prejudice or bias whose impact discriminates, demeans, embarrasses, assigns stereotypes, harasses, or excludes individuals because of their race, color, ethnicity, national origin, language, sex, size, gender identity or expression, sexual orientation, disability, age, or religion.

For more information about what support they provide and links to other resources, or to report a bias incident, view their website or contact:

Office for Inclusive Excellence

☎ 801-581-4600

🌐 inclusive-excellence.utah.edu ↗ (<https://inclusive-excellence.utah.edu/>)
(<http://continue.utah.edu/eli>)

📍 200 S. CENTRAL CAMPUS DRIVE
UNION, ROOM 70
SALT LAKE CITY, UT 84112

OTHER STUDENT GROUPS AT THE U

To learn more about some of the other resource groups available at the U, check out:

🌐 getinvolved.utah.edu/ (<https://getinvolved.utah.edu/>)

🌐 <https://ssc.utah.edu/tools-for-success.php> ↗ (<https://ssc.utah.edu/tools-for-success.php>)