



NUIP 3620-005: Fall 2024

CULTURAL ASPECTS OF FOOD

CLASS TIME, LOCATION, & CREDIT HOURS

On-campus classes in HPER N 225: Monday, August 12 through Thursday, August 15
from 8:00 am to 5:00 pm

Zoom classes: August 27, September 24, October 22 from 6:00 pm to 8:00 pm

3.0 Credits

INSTRUCTOR INFORMATION

Kary Woodruff, PhD, RD, CSSD, CEDRD

801-585-5936

Please use Canvas email to contact me

[Department of Nutrition and Integrative Physiology](https://health.utah.edu/nutrition-integrative-physiology/)

[\(https://health.utah.edu/nutrition-integrative-physiology/\)](https://health.utah.edu/nutrition-integrative-physiology/)

Office hours by appointment

Amy Loverin, MS, RD

801-585-9127

Please use Canvas email to contact me

[Department of Nutrition and Integrative Physiology](https://health.utah.edu/nutrition-integrative-physiology/)

[\(https://health.utah.edu/nutrition-integrative-physiology/\)](https://health.utah.edu/nutrition-integrative-physiology/)

Office hours by appointment

COURSE DESCRIPTION

This course provides a unique opportunity to explore food and cultures from around the globe. Every day, people throughout the world must procure, select, prepare and consume food to sustain life. The manner in which they do this reflects complex relationships and interactions among the individuals, their culture, and the world in which they live. This course provides an opportunity to explore the relationship between food, history, culture, and traditions through topics such as nutritional needs, food and religion, and food by regions. Contemporary issues will be related to historical approaches in order to facilitate a more complete understanding of international food and nutrition phenomena. The course includes hands-on kitchen laboratories to introduce distinct flavors, preparation methods, and culinary skills, including food safety. Come prepared to use all of your senses as you explore cultures, customs, politics, religions, foods, and important cultural literacy considerations that will be important to your future as you become better acquainted with your local and global community.

STUDENT LEARNING OUTCOMES

By the end of the course, you will be able to:

1. Evaluate the complexities of and variations across segments of historical and contemporary cultural practices as they pertain to food and its relative meanings
2. Demonstrate critical self-awareness and -reflexivity of intersections surrounding food, culture, and identity by utilizing some of the theoretical lenses attended to during the course
3. Analyze diverse perspectives and characterizations of food and nutrition, how cultures negotiate these varied understandings, and plausible limitations or constraints on creating comprehensive nutrition directives
4. Compare and contrast their subjective cultural food practices with those from a variety of backgrounds and present their assessments/conclusions
5. Appraise current culinary skills and knowledge and expand them through practical application in Food Labs

PREREQUISITES

None

REQUIRED MATERIAL

- Textbook: Food and Culture, N.M. Furstenau and S.Safaii-Waite; Eighth Edition 2023. Cengage Learning. ISBN 978-1305628052 (this book is eligible for the University's Inclusive Access Program through the University bookstore and integrated into Canvas in the bookshelf tab)

- Book for Critical Book Analysis (chosen prior to the first day of class)
- Additional readings and multimedia available electronically through Canvas
- Students are required to purchase ingredients for each Food Lab on September 24 and October 22

PRE-WORK & POST-WORK

Pre-work:

- Read textbook chapters #5-14. Students will take an extended quiz on this material on the last day of in-person class (August 15).
- **Critical Book Analysis pre-class work**
(<https://utah.instructure.com/courses/984331/assignments/14262966>): Students will read one non-fiction book assigned by the instructor and complete three reflection questions turned in by Wednesday, August 14. This reading and reflection are part of the **Critical Book Analysis** (<https://utah.instructure.com/courses/984331/assignments/14262965>) assignment listed below.
- **One-week Intensive Food's Lab Ingredients**
(<https://utah.instructure.com/courses/984331/pages/nuip-3620-foods-lab-ingredients>): Have grocery items available for the Food Labs on September 24 and October 22!

Post-work: There are no scheduled post-work assignments due in this class.

TEACHING & LEARNING METHODS

The course focuses on material from the required textbook with additional resources on Canvas that are relevant to the material presented in the text. This course provides comparative exposure to international perspectives, histories, values, and traditions via lectures and course materials as well as through presentations, discussions, and reflective writing. The course also includes hands-on kitchen laboratories completed at home that draw on and amplify the classroom content through practical application. If you want to learn as much as possible, you should be prepared to share relevant experiences, reflect on what others say, and discuss readings. Open yourself to others' points of view.

COURSE ASSIGNMENTS

- **Daily Quizzes (15%):** There will be a quiz at the beginning of each class that will be based on the readings. Quizzes will be completed on Canvas, and so a computer or app will be needed each day in class. The quiz on Thursday covers 10 chapters of the text and thus is worth 10%.
- **Major Assignments (35%):**

- **Individual Presentation (<https://utah.instructure.com/courses/984331/assignments/14262971>)**: Students will give a five-minute in-class presentation on how food influences their personal identity and/or culture(s). This presentation will be basic *public speaking* about how you define your identity and/or the culture(s) to which you belong and how food fits into this identity and/or these cultures. Students will work with the instructor to determine the date of the presentation.
- **Critical Book Analysis (<https://utah.instructure.com/courses/984331/assignments/14262965>)**: Read one of the literature books from a provided list. All of the books on the list cover an aspect of food and culture. You will select your book choice using the **Critical Book Analysis Sign-up: Book Choice (https://utah.instructure.com/courses/984331/discussion_topics/6719733)**. Then, complete the Critical Book Analysis template summarizing the main points of the book, offering your personal critique of the topic, and a discussion of the cultural aspect of the book personally found to be most significant.
 - Be sure to answer questions #1-3 of the **pre-work (<https://utah.instructure.com/courses/984331/assignments/14262966>)** by the 3rd day of the class.
- **Group Presentation (<https://utah.instructure.com/courses/984331/assignments/14262970>)**: In groups, students will prepare a 20-minute class presentation exploring the food culture of a specific region (assigned in class). Students will work with the instructor to determine the date and style of the presentation. The presentation will be provided on the last day of in-person class.
 - You will be asked to evaluate your group members' participation: **Peer evaluations of final group project (<https://utah.instructure.com/courses/984331/assignments/14262974>)**
 - (<https://utah.instructure.com/courses/984331/assignments/14262974>) You will reflect on what you learned from the other groups' presentations: **Evaluation of Group Presentations (<https://utah.instructure.com/courses/984331/assignments/14262967>)**
- **(<https://utah.instructure.com/courses/984331/assignments/14262967>) In-Class Participation & Attendance (35%)**: Throughout the week there will be various assignments that will include class presentations and submission to Canvas assignments. Please note: attendance is required each day and contributes to 50% of your in-class participation grade.
- **Food Labs (15%)**: There will be two at-home labs assigned completed on Zoom as part of class time for that day. The ingredient list and recipes will be posted ahead of time.

FREQUENTLY ASKED QUESTIONS

- **What's the best way to go about managing my time for this class?**

The academic expectations of intensive courses are equal to—and sometimes more demanding than—regular classes. To succeed during the course, you should use the following strategies:

- Use good time management skills to stay on top of your coursework
- Complete any pre- and post-work assignments that could impact your grades

- Complete the readings before the one-week intensive class begins. Given that the class time will take place from 8:00 am to 5:00 pm, there will not be sufficient time to do all of the readings each night
- Determine how or if the length of the course may increase the workload

You will be glad that you did this to set yourself up for a better (& less tiring) experience!

- **How can I find out how I did on exams and assignments?**

All assignments will be returned via electronic uploads to Canvas. I encourage you to review graded assignments and to contact me with any questions. Graded quizzes will be available to review after the due date.

- **What happens if I miss an assignment due date?**

Late assignments (defined as assignments submitted between 1 minute and 3 days after the due date) will be accepted for ½ credit. Assignments will not be accepted beyond this point for credit. If you experience technical difficulties with submitting assignments, contact U-online for technical assistance immediately at 801-585-5959.

Credit for in-class assignments is only available to students who are present.

GRADE SCHEME

The following grading standards will be used in this class:

Grade	Range
A	100 % to 92.5%
A-	< 92.5 % to 89.5%
B+	< 89.5 % to 87.5%
B	< 87.5 % to 82.5%
B-	< 82.5 % to 79.5%
C+	< 79.5 % to 77.5%
C	< 77.5 % to 72.5%
C-	< 72.5 % to 69.5%
D+	< 69.5 % to 67.5%
D	< 67.5 % to 62.5%
D-	< 62.5 % to 59.5%
F	< 59.5 % to 0.0%

COURSE POLICIES & RESPONSIBILITIES

Late Assignments:

- All assignments are to be uploaded onto Canvas by 11:59 pm of the due date. You are responsible for getting assignments uploaded in time so that if you encounter technical difficulties, you can troubleshoot the issue. Technical difficulties will not be an acceptable excuse for late assignments. If you experience technical difficulties with submitting assignments, contact U-online for technical assistance immediately at 801-585-5959.
- **Late assignments submitted after the due date and time will receive an automatic 50% deduction. Any assignments submitted more than 3 days after the due date will receive no credit.**

Attendance and Punctuality:

- Students are required to attend all classes in-person from August 12 through August 15 and on Zoom August 27, September 24, and October 22 and be punctual. Credit for in-class assignments is only available to students who are present. Exceptions will only be made in cases of ADA accommodations, sanctioned University activities, University closures, sudden illness, or emergency circumstances beyond your control. **Unexcused absences will result in a drop of one-half letter grade per missed meeting.** There will be no make-up work for unexcused absences. Changes to this policy are up to the discretion of the instructor.
- Reasonable accommodations will be made for students in the case of sanctioned University activities, University closures, or sudden illness or emergencies beyond your control. In the case of an excused absence, you will work with the instructor to make necessary arrangements and make-up all work by a date approved by the instructor. Students must communicate with the instructor before the posted deadline or within 24 hours of the incident.

Plagiarism:

- Do your own work. Only collaborate with your classmates if specifically told to do so. Assignments showing signs of plagiarism will be given a zero and may result in failure of the course. **This includes the use of generative artificial intelligence (AI) tools without citation, documentation, or authorization.** See the University Policy on Plagiarism and Cheating for more information.
- All materials in this course are copyrighted to the instructor. The Content is made available only for your personal, noncommercial educational, and scholarly use. You may not use the Content for any other purpose, or distribute, post or make the Content available to others unless you obtain any required permission from the copyright holder. See the University Policy on Course Materials Copyright for more information.

Conduct:

- My intent is that students from all backgrounds and perspectives are well-served by this course. Much of the material is subjective and based on various cultures. In this class, multiculturalism is viewed as a strength and benefit. Topics may be difficult, intellectually, and emotionally. As a member of this class, you are expected to engage in discussion with empathy and be respectful towards others (in-person or online), even if their opinions radically differ from your own.
- All students are expected to maintain professional behavior in the classroom setting, according to the Student Code, spelled out in the Student Handbook. Students have specific rights in the classroom as detailed in Article III of the Code. The Code also specifies proscribed conduct (Article XI) that involves cheating on tests, plagiarism, and/or collusion, as well as fraud, theft, etc. Students should read the Code carefully and know they are responsible for the content. According to Faculty Rules and Regulations, it is the faculty's responsibility to enforce responsible classroom behaviors, and I will do so, beginning with verbal warnings and progressing to dismissal from and class and a failing grade. Students have the right to appeal such action to the Student Behavior Committee.

Technology:

- **Canvas:** Be familiar with using Canvas. It is your responsibility for getting on the site and learning how to navigate it.
- **Electronic or equipment failure:** It is your responsibility to maintain your computer and related equipment in order to participate in the online nature of the course.
- **Document archiving:** You are responsible for making sure your assignments, including attachments, are received before the deadline. Students are also responsible for ensuring that the documents submitted are the correct document to be graded.
- **Naming conventions and software type:** You are responsible for submitting the assignment with the required naming convention, correct file extension, and using the software type and version required for the assignment. See assignment instructions for acceptable formats.
- **Classroom equivalency:** Discussion threads, e-mails, and chat rooms are all considered to be equivalent to classrooms, and student behavior within those environments shall conform to the University of Utah Student Code. Specifically:
 - Posting photos or comments that would be off-topic in a classroom are still off-topic in an online posting.
 - Off-color language and photos are never appropriate.
 - Using angry or abusive language is called "flaming", is not acceptable, and will be dealt with according to the Student Code.
 - Course e-mails, e-journals, and other online course communications are part of the classroom and as such, are University property and subject to GRAMA regulations and the Student Code. Privacy regarding these communications between correspondents must not be assumed and should be mutually agreed upon in advance, in writing.

Mandatory Reporter:

Duty to Notify: As a University representative, most faculty, staff, and teaching assistants (other than professional mental health counselors) are required to report information learned about instances of sexual misconduct, discrimination, and/or immediate threats to safety to the University of Utah Office of Equal Opportunity and Affirmative Action and/or the Office of the Dean of Students.

If you do choose to disclose instances of sexual misconduct, discrimination, or violence to me, please be aware that I am a mandatory reporter and am required by University policies to notify the appropriate Office.

UNIVERSITY POLICIES

COVID-19 Information

 [Dean of Student's Covid-19 Information](https://deanofstudents.utah.edu/covid/index.php)  (<https://deanofstudents.utah.edu/covid/index.php>)

COVID-19 Central @ The U


 801-213-2874

 coronavirus.utah.edu (<https://coronavirus.utah.edu/>)

Drop/Withdrawal Policies

Students may drop a course within the first two weeks of a given semester without any penalties.


Students may officially withdraw (W) from a class or all classes after the drop deadline through the midpoint of a course. A “W” grade is recorded on the transcript and appropriate tuition/fees are assessed. The grade “W” is not used in calculating the student’s GPA.

For deadlines to withdraw from full-term, first, and second session classes, see the U's [Academic Calendar](https://registrar.utah.edu/academic-calendars/index.php)  (<https://registrar.utah.edu/academic-calendars/index.php>).

Academic Honesty, Plagiarism and Cheating

It is assumed that all work submitted to your instructor is your own work. When you have used the ideas of others, you must properly indicate that you have done so.

It is expected that students adhere to University of Utah policies regarding academic honesty, including but not limited to refraining from cheating, plagiarizing, misrepresenting one’s work, and/or inappropriately collaborating. This includes the use of generative artificial intelligence (AI) tools without citation, documentation, or authorization. Students are expected to adhere to the prescribed professional and ethical standards of the profession/discipline for which they are preparing. Any

student who engages in academic dishonesty or who violates the professional and ethical standards for their profession/discipline may be subject to academic sanctions as per the University of Utah's Student Code: <https://regulations.utah.edu/academics/6-410.php> 
(<https://regulations.utah.edu/academics/6-410.php>)



Plagiarism and cheating are serious offenses and may be punished by failure on an individual assignment, and/or failure in the course. Academic misconduct, according to the University of Utah Student Code,

"...Includes, but is not limited to, cheating, misrepresenting one's work, inappropriately collaborating, plagiarism, and fabrication or falsification of information...It also includes facilitating academic misconduct by intentionally helping or attempting to help another to commit an act of academic misconduct."

For details on plagiarism and other important course conduct issues, see the U's [Code of Student Rights and Responsibilities](http://regulations.utah.edu/academics/6-400.php)  (<http://regulations.utah.edu/academics/6-400.php>).

Course Materials Copyright

The Content is made available only for your personal, noncommercial educational, and scholarly use. You may not use the Content for any other purpose, or distribute, post or make the Content available to others unless you obtain any required permission from the copyright holder. Some Content may be provided via streaming or other means that restrict copying; you may not circumvent those restrictions. You may not alter or remove any copyright or other proprietary notices included in the Content.

Please see the [Code of Student Rights and Responsibilities](https://regulations.utah.edu/academics/6-400.php)  (<https://regulations.utah.edu/academics/6-400.php>), Section III.A.5 regarding the **use and distribution of class Content**  (<https://regulations.utah.edu/academics/6-400.php>) and materials. Section III.A.5. prohibits the following:

Sale or distribution of information representing the work product of a faculty member to a commercial entity for financial gain without the express written permission of the faculty member responsible for the course. ("Work product" means original works of authorship that have been fixed in a tangible medium and any works based upon and derived from the original work of authorship.)

Safety at the U

The University of Utah values the safety of all campus community members. You will receive important emergency alerts and safety messages regarding campus safety via text message.


For more safety information and to view available training resources, including helpful videos, visit safeu.utah.edu (<http://safeu.utah.edu>).

To report suspicious activity or to request a courtesy escort, contact:

Campus Police & Department of Public Safety

 801-585-COPS (801-585-2677)

 dps.utah.edu  (<https://dps.utah.edu/>)

 1735 E. S. Campus Dr.
Salt Lake City, UT 84112

Wellness at the U

Your personal health and wellness are essential to your success as a student. Personal concerns like stress, anxiety, relationship difficulties, depression, or cross-cultural differences can interfere with a student's ability to succeed and thrive in this course and at the University of Utah.


Please feel welcome to reach out to your instructor or TA to handle issues regarding your coursework.

For helpful resources to manage your personal wellness and counseling options, contact:

Center for Student Wellness



 801-581-7776


 wellness.utah.edu (<http://wellness.utah.edu/>)

 2100 Eccles Student Life Center
1836 Student Life Way
Salt Lake City, UT 84112

Women's Resource Center

 801-581-8030

 womenscenter.utah.edu  (<https://womenscenter.utah.edu/>)

 411 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112

Addressing Sexual Misconduct


Title IX makes it clear that violence and harassment based on sex and gender (which includes sexual orientation and gender identity/expression) is a civil rights offense subject to the same kinds of accountability and the same kinds of support applied to offenses against other protected categories such as race, national origin, color, religion, age, status as a person with a disability, veteran's status, or genetic information.




If you or someone you know has been harassed or assaulted, you are encouraged to report it to university officials:

Title IX Coordinator & Office of Equal Opportunity and Affirmative Action


 801-581-8365

 oeo.utah.edu  (<https://oeo.utah.edu/>)

 135 Park Building
201 Presidents' Cir.
Salt Lake City, UT 84112


Office of the Dean of Students 801-581-7066 deanofstudents.utah.edu  (<https://deanofstudents.utah.edu/>) 270 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112

To file a police report, contact:

Campus Police & Department of Public Safety 801-585-COPS (801-585-2677) dps.utah.edu  (<https://dps.utah.edu/>) 1735 E. S. Campus Dr.
Salt Lake City, UT 84112


If you do not feel comfortable reporting to authorities, the U's Victim-Survivor Advocates provide **free, confidential, and trauma-informed** support services to **students, faculty, and staff** who have experienced interpersonal violence.

To **privately** explore options and resources available to you with an advocate, contact:


Center for Student Wellness 801-581-7776 wellness.utah.edu (<http://wellness.utah.edu/>) 328 Student Services Building
201 S. 1460 E.
Salt Lake City, UT 84112

Americans With Disabilities Act (ADA)

The University of Utah seeks to provide equal access to its programs, services, and activities for people with disabilities.

All written information in this course can be made available in an alternative format with prior notification to the Center for Disability & Access (CDA). CDA will work with you and the instructor to make arrangements for accommodations. Prior notice is appreciated. To read the full accommodations policy for the University of Utah, please see Section Q of the **[Instruction & Evaluation regulations](http://regulations.utah.edu/academics/6-100.php)**  (<http://regulations.utah.edu/academics/6-100.php>).

If you will need accommodations in this class, or for more information about what support they provide, contact:

Center for Disability & Access 801-581-5020 disability.utah.edu  (<https://disability.utah.edu/>) 162 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112

Diverse Student Support

Your success at the University of Utah is important to all of us here! If you feel like you need extra support in academics, overcoming personal difficulties, or finding community, the U is here for you.

Student Support Services (TRIO)

TRIO federal programs are targeted to serve and assist low-income individuals, first-generation college students, and individuals with disabilities.

Student Support Services (SSS) is a TRIO program for current or incoming undergraduate university students who are seeking their first bachelor's degree and need academic assistance and other services to be successful at the University of Utah.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

Student Support Services (TRIO)

 801-581-7188

 trio.utah.edu  (<https://trio.utah.edu/>)

 Room 2075

1901 E. S. Campus Dr.
Salt Lake City, UT 84112

American Indian Students

The AIRC works to increase American Indian student visibility and success on campus by advocating for and providing student-centered programs and tools to enhance academic success, cultural events to promote personal well-being, and a supportive “home-away-from-home” space for students to grow and develop leadership skills.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

American Indian Resource Center

 801-581-7019

 diversity.utah.edu/centers/airc  (<https://diversity.utah.edu/centers/airc/>)

 Fort Douglas Building 622

1925 De Trobriand St.
Salt Lake City, UT 84113

Black Students

Using a pan-African lens, the Black Cultural Center seeks to counteract persistent campus-wide and global anti-blackness. The Black Cultural Center works to holistically enrich, educate, and advocate for students, faculty, and staff through Black-centered programming, culturally affirming educational initiatives, and retention strategies.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

Black Cultural Center

📞 801-213-1441

🌐 diversity.utah.edu/centers/bcc ↗️ (<https://diversity.utah.edu/centers/bcc/>)

📍 Fort Douglas Building 603
95 Fort Douglas Blvd.
Salt Lake City, UT 84113

Students with Children

Our mission is to support and coordinate information, program development, and services that enhance family resources as well as the availability, affordability, and quality of child care for University students, faculty, and staff.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

Center for Childcare & Family Resources

📞 801-585-5897

🌐 childcare.utah.edu ↗️ (<https://childcare.utah.edu/>)

📍 408 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112

Students With Disabilities

The Center for Disability and Access is dedicated to serving students with disabilities by providing the opportunity for success and equal access at the University of Utah. They also strive to create an inclusive, safe, and respectful environment.

For more information about what support they provide and links to other resources, view their website or contact:

Center for Disability and Access

📞 801-581-5020

🌐 disability.utah.edu ↗️ (<https://disability.utah.edu/>)

📍 162 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112

Students of Ethnic Descent

The Center for Ethnic Student Affairs offers several programs dedicated to the success of students with varied cultural and ethnic backgrounds. Its mission is to create an inclusive, safe campus community that values the experiences of all students.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

Center for Ethnic Student Affairs

☎ 801-581-8151

🌐 diversity.utah.edu/centers/cesa/ ↗️ (<https://diversity.utah.edu/centers/cesa/>)

📍 235 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112

English as a Second/Additional Language (ESL) Students

If you are an English language learner, there are several resources on campus available to help you develop your English writing and language skills. Feel free to contact:

Writing Center

☎ 801-587-9122

🌐 writingcenter.utah.edu [\(http://writingcenter.utah.edu/\)](http://writingcenter.utah.edu/)

📍 2701 Marriott Library
295 S 1500 E
Salt Lake City, UT 84112

English for Academic Success (EAS) Program

☎ 801-581-8047

🌐 linguistics.utah.edu ↗️ (<https://linguistics.utah.edu/>)

📍 2300 LNCO
255 S. Central Campus Dr.
Salt Lake City, UT 84112

English Language Institute

☎ 801-581-4600

🌐 continue.utah.edu/eli (<http://continue.utah.edu/eli>)


📍 540 Arapeen Dr.
Salt Lake City, UT 84108

Undocumented Students

Immigration is a complex phenomenon with broad impact—those who are directly affected by it and those who are indirectly affected by their relationships with family members, friends, and loved ones. If your immigration status presents obstacles that prevent you from engaging in specific activities or fulfilling specific course criteria, confidential arrangements may be requested from the Dream Center.


Arrangements with the Dream Center will not jeopardize your student status, your financial aid, or any other part of your residence. The Dream Center offers a wide range of resources to support undocumented students (with and without DACA) as well as students from mixed-status families.

For more information about what support they provide and links to other resources, view their website or contact:

Dream Center 801-213-3697 dream.utah.edu (<http://dream.utah.edu/>) 200 S. CENTRAL CAMPUS DRIVE
UNION, ROOM 80
SALT LAKE CITY, UT 84112**LGBTQ+ Students**


The LGBTQ+ Resource Center acts in accountability with the campus community by identifying the needs of people with a queer range of [a]gender and [a]sexual experiences and responding with university-wide services.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

LGBTQ+ Resource Center 801-587-7973 lgbt.utah.edu (<http://lgbt.utah.edu/>) 409 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112**Veterans & Military Students**

The mission of the Veterans Support Center is to improve and enhance the individual and academic success of veterans, service members, and their family members who attend the university; to help them receive the benefits they earned, and to serve as a liaison between the student veteran community and the university.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

Veterans Support Center 801-587-7722 (<http://lgbt.utah.edu/veteranscenter.utah.edu>)  (<http://veteranscenter.utah.edu/>) 418 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112**Women**

The Women's Resource Center (WRC) at the University of Utah serves as the central resource for educational and support services for women. Honoring the complexities of women's identities, the WRC facilitates choices and changes through programs, counseling, and training grounded in a commitment to advance social justice and equality.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

Women's Resource Center

☎ 801-581-8030

🌐 womenscenter.utah.edu ↗ (<https://womenscenter.utah.edu/>)📍 411 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112**Inclusivity at the U**

The Office for Inclusive Excellence is here to engage, support, and advance an environment fostering the values of respect, diversity, equity, inclusivity, and academic excellence for students in our increasingly global campus community. They also handle reports of bias in the classroom as outlined below:

Bias or hate incidents consist of speech, conduct, or some other form of expression or action that is motivated wholly or in part by prejudice or bias whose impact discriminates, demeans, embarrasses, assigns stereotypes, harasses, or excludes individuals because of their race, color, ethnicity, national origin, language, sex, size, gender identity or expression, sexual orientation, disability, age, or religion.

For more information about what support they provide and links to other resources, or to report a bias incident, view their website or contact:

Office for Inclusive Excellence

☎ 801-581-4600













🌐 inclusive-excellence.utah.edu ↗ (<https://inclusive-excellence.utah.edu/>)
(<http://continue.utah.edu/eli>)📍 200 S. CENTRAL CAMPUS DRIVE
UNION, ROOM 70
SALT LAKE CITY, UT 84112**Other Student Groups at the U**












To learn more about some of the other resource groups available at the U, check out:









🌐 getinvolved.utah.edu/ (<https://getinvolved.utah.edu/>)🌐 <https://ssc.utah.edu/tools-for-success.php> ↗ (<https://ssc.utah.edu/tools-for-success.php>)

Course Summary:

Date	Details	Due
Thu Aug 1, 2024	📄 Critical Book Analysis Sign-up: Book Choice	to do: 11:59pm

Date	Details	Due
Mon Aug 12, 2024	 <u>Academic Integrity Quiz</u> https://utah.instructure.com/courses/984331/assignments/14262963	due by 7:59am
	 <u>Quiz #1: Nutrition Introduction/Food & Religion</u> https://utah.instructure.com/courses/984331/assignments/14262976	due by 10am
	 <u>Group Presentation Proposal</u> https://utah.instructure.com/courses/984331/assignments/14262969	due by 11:59pm
	 <u>Religious Tradition or Holiday</u> https://utah.instructure.com/courses/984331/assignments/14262981	due by 11:59pm
Tue Aug 13, 2024	 <u>What is American Food Culture?</u> https://utah.instructure.com/courses/984331/assignments/14262961	due by 11:59pm
	 <u>Quiz #2: Food & SES/Food & Sustainability</u> https://utah.instructure.com/courses/984331/assignments/14262962	due by 10am
	 <u>SNAP Challenge</u> https://utah.instructure.com/courses/984331/assignments/14262982	due by 11:59pm
Wed Aug 14, 2024	 <u>Practice Quiz- Requires Respondus LockDown Browser</u> https://utah.instructure.com/courses/984331/assignments/14262975	due by 8am
	 <u>Quiz #3: Food and Health/Food as Medicine</u> https://utah.instructure.com/courses/984331/assignments/14262977	due by 10am
	 <u>Critical Book Analysis: Pre-class Work</u> https://utah.instructure.com/courses/984331/assignments/14262966	due by 11:59pm
	 <u>Our National Eating Disorder</u> https://utah.instructure.com/courses/984331/assignments/14262959	due by 11:59pm
Thu Aug 15, 2024	 <u>Quiz #4: Food & the Senses- Requires Respondus LockDown</u>	due by 10:15am

Date	Details	Due
	Browser (https://utah.instructure.com/courses/984331/assignments/14262979)	
	 Quiz #4: Chapters 5-14 - Requires Respondus LockDown Browser (https://utah.instructure.com/courses/984331/assignments/14262978)	due by 10:30am
	 Critical Book Analysis (https://utah.instructure.com/courses/984331/assignments/14262965)	due by 11:59pm
	 Feedback for Group Presentations (https://utah.instructure.com/courses/984331/assignments/14262967)	due by 11:59pm
	 Food & the Senses (https://utah.instructure.com/courses/984331/assignments/14262968)	due by 11:59pm
	 Food & the Senses Discussion (https://utah.instructure.com/courses/984331/assignments/14262958)	due by 11:59pm
	 Food, Spice, or Herb as Medicine (https://utah.instructure.com/courses/984331/assignments/14262960)	due by 11:59pm
	 Individual Food Culture Presentation (https://utah.instructure.com/courses/984331/assignments/14262971)	due by 11:59pm
	 Peer Evaluations of Group Members (https://utah.instructure.com/courses/984331/assignments/14262974)	due by 11:59pm
	 Group Presentation: Food Cultures Around the World (https://utah.instructure.com/courses/984331/assignments/14262970)	due by 11:59pm
Mon Aug 19, 2024	 Meeting Nutrient Needs; Food & Religion (https://utah.instructure.com/calendar?event_id=4012881&include_contexts=course_984331)	12am
Tue Aug 20, 2024	 Food & Health; Food as Medicine	12am

Date	Details	Due
	(https://utah.instructure.com/calendar?event_id=4012880&include_contexts=course_984331)	
Wed Aug 21, 2024	 Food & Class; Intercultural Communication (https://utah.instructure.com/calendar?event_id=4012883&include_contexts=course_984331)	12am
Thu Aug 22, 2024	 Food Cultures around the World: Europe, Africa, the Americas (https://utah.instructure.com/calendar?event_id=4012882&include_contexts=course_984331)	12am
Mon Aug 26, 2024	 Self Evaluation of Food Habits (https://utah.instructure.com/courses/984331/assignments/14262983)	due by 12pm
Tue Aug 27, 2024	 Quiz #5 Intercultural Communications- Requires Respondus LockDown Browser (https://utah.instructure.com/courses/984331/assignments/14262980)	due by 6pm
	 Gastrodiplomacy Discussion (https://utah.instructure.com/courses/984331/assignments/14262957)	due by 11:59pm
Tue Sep 24, 2024	 Food Lab #1 (https://utah.instructure.com/courses/984331/assignments/14262973)	due by 11:59pm
Tue Oct 22, 2024	 Food Lab #2 (https://utah.instructure.com/courses/984331/assignments/14262972)	due by 11:59pm
Mon Dec 16, 2024	 Class Participation & Attendance (https://utah.instructure.com/courses/984331/assignments/14262964)	due by 5pm